



WARRIOR

Volume 14, Number 10 • March 16, 1984

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Letters to the Editor

Dear Editor:

I would like to congratulate Coach Diane Marklein and the Girls' Bowling team for winning the State Sectional title last week.

I also feel that this team has gone unrecognized for the past several years. The Manasquan keglers have been one of the most consistent teams at the Shore for the last couple of seasons.

I think that this up-and-coming sport shouldn't go unnoticed. Again, congratulations to the Girls' Bowling team for its achievements.

Kevin Holly

Dear Editor:

It's 2:45 p.m. and here I sit in the auditorium serving time for my tardiness. O.K., I admit I ran into an Algebra II class four seconds after the bell rang. Under my circumstances, out of breath and soaking wet from crossing the street, I thought they would have pity for me. Instead, they slapped a detention on me. Talk about deterring educational advancement, I spent at least a quarter of the period in the office.

I'm telling you this to commend Jackie Thomson and Mike O'Keefe for their articles which appeared in the Warrior's last issue.

Thank you for giving the students' side to the truancy issue. You guys did a great job.

Amy Kropke

Dear Editor:

Manasquan High's new policy concerning lateness to class has been the cause for much controversy. Students have exactly four minutes to be in class when the bell rings. If they are late by a second, it's down

to the office for detention.

I haven't met a student yet who isn't upset with this new policy. Detention hall has been abnormally overloaded with students. Students complain that they simply do not have enough time to report to class. They say the halls are so crowded that the people walk at a snail's pace because it is so backed up. And no one wants to carry all of his books with him all day long. That's why students have lockers in the first place.

What is there to do? It's very simple. If the administrators feel that this new policy must stay, so be it. But, instead of four minutes to get to class, give the students five. That's all it takes - one additional minute.

From conversations with other students, I have found that the majority of the students being late to class were under a minute late. Many students were late only by seconds. One extra minute should solve the lateness problem without interfering with the students' education. It is hard to see how cutting class time by one minute would hinder a student's education.

Nick Fattell

Dear Editor:

According to the high school advisors, tardiness is high and increasing. According to students, there is no problem which cannot be solved reasonably.

The administration's solution is to handout detention to those who arrive to class after the bell has rung. This may decrease tardiness but it increases pressure and tension in the school hallways. Students run to their lockers and classes while also causing disturbances in their haste. I feel a student should be first given a warning and then a detention if he/she does not have a pass or fair excuse for tardiness.

Kathy O'Donnell

MURRAY, BOYLE Nominees
For National Honor Society Scholarship Awards

Jenny Murray of Sea Girt and Peter Boyle of Spring Lake have been nominated by Manasquan High School for the National Honor Society Scholarship Awards Program based on outstanding leadership, scholarship, character and service.

Jenny is president of the National Honor Society and she is also involved in Varsity Cheering, Spanish Club, Student Council, and the yearbook. She is also the assistant coach of the Sea Girt Elementary School cheerleaders. Jenny is active in her church's Youth Fellowship Group. She participates in the Math League and aided in the Middle States Evaluation last October.

Peter is the Key Club President, a member of the All-County Scholar/Athlete football team, and he also participated in basketball, the National Honor Society, yearbook, and the Math League. He has also served as a student representative on the Board of Education and also on the Middle States Evaluation Committee.



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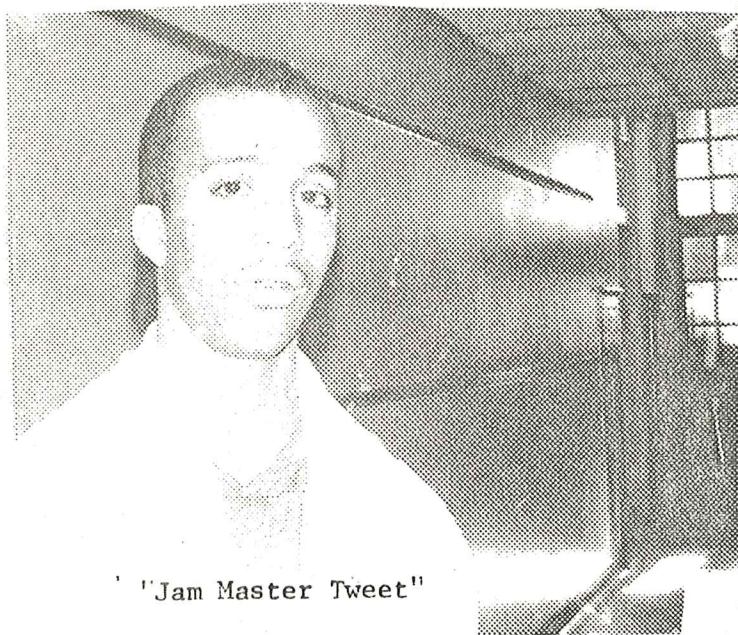
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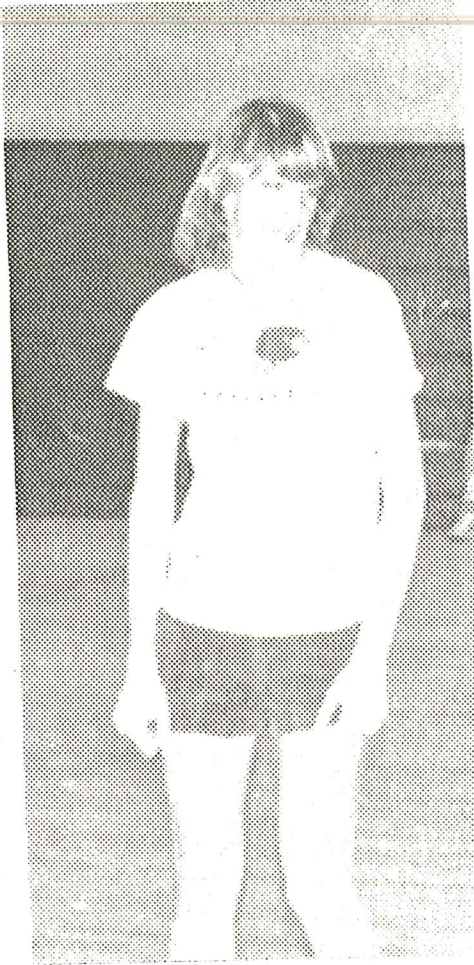
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"Hey Moe, hey Moe! Well nyuck nyuck nyuck nyuck'."

CAUGHT IN THE ACT



"Gross! Put that thing away!"



"We look fresh with our fat laces."



"New shades! New shades!"



"No Wade, you can't have that doughnut!"

Cafeteria Workers Receive Praise

A lot of people receive recognition for their work at Manasquan High School, but those who do maybe the most work at the school, receive little or no recognition. These are the women who prepare the daily lunches year in and year out; these women are the cafeteria workers.

The cafeteria staff includes Barbara Greenwood, manager; Ann Carpenter, Jean Heulitt, Helen Smith, Marion Staub, and Josephine Triggiano. All work full time to produce lunches. Jean Brown and June Whitehead, who work part-time, also contribute their share.

The staff's responsibilities require the full preparation of the daily lunches, including anything from making sauces to stirring soup.

Greenwood, who has worked at Manasquan High for 10 years, works with Mrs. Anna Neukum, who is the overall manager of both the elementary and the high school cafeterias. It is Neukum's main responsibility to plan the daily menu two weeks in advance.

The school cafeteria receives surplus food from the federal government which is delivered at the school for a fee. The Manasquan schools do not receive any food from the state because it's a federal matter.

Greenwood stated that all the food requires preparation but the foods with sauce such as meatballs, ravioli, and veal require the most preparation. She also said that turkey sandwiches are time consuming because the turkey must be cooked that day and the meat must be sliced off to be put in the sandwiches.

When asked if she would like to see any improvements in the cafeteria, Greenwood stated, "We make the best with what we've got." "There's only so much you can fit in here with the limited space."

In regard to the cafeteria food, Pete Shevlino says, "I like it a lot, especially when Mrs. Heulitt lets me cut in line." "Food is supposed to be enjoyed, therefore I enjoy MHS' cafeteria food," stated Mike Gerraty.

Photo: Jean Heulitt, Ann Carpenter, and Helen Smith get ready to rattle those pots and pans for another day at Manasquan High School cafeteria.

Photo: Barbara Syseskey



*****ALUMNI NEWS*****

student: Peter Birle
major: Communications
institution: Fordham
location: New York City
extra-curriculars: member of basketball cheering section; sports writer for the school newspaper the "Ram"; internship with "Ring" magazine; on staff for "Ring" record book; intramural basketball

quotes: "I think it's a fantastic experience going to school in New York City, and I think if I have this internship (with the "Ring") for the next four years, I'll be set."

"I really like going to a Jesuit school because I like the way they present the material. They're the best in education. I have a lot to owe to Mr. White."

student: Evan Freely
major: Business Finance
institution: Seton Hall
location: South Orange, New Jersey
extra-curriculars: indoor soccer; football; basketball; hockey; member of "Sigma Pi" fraternity
quotes: "Manasquan prepared me well."

student: John Lewis
major: Criminal Justice
institution: Marion Military Institute
location: Marion, Alabama
extra-curriculars: chorus; band; skydiving, preparing uniform
quotes: "I haven't received a single demerit this year. That's why I made Commandant's list."

"The best part of school is that the separate companies get to learn about people from different parts of United States and from six foreign countries"

In reference to skydiving: "It's a lot of fun, but I was scared the first time I jumped. When you're hanging onto the wing of the plane looking down 3,000 feet knowing the only thing that's gonna save your life is a 35 foot piece of silk, you start to get very frightened."

student: Glenn Essner
major: Criminal Justice
institution: Brookdale Community College
location: Lincroft, New Jersey
note: out of 60 applicants for a position on the Manalapan Police Department, he was one of the three chosen. Graduating in June, he will become a regular policeman in June and is "ecstatic" !

student: Bill Jewitt
major: Radio, Television, Film
Computer Science
institution: Glassboro
location: Glassboro, New Jersey
extra-curriculars: D.J. at school radio station; editor of literary magazine "Avant"; review writer for "Venue";
quotes: in reference to his double major: "I'm leaning toward television because it's more obviously creative."
 "Glassboro, although being just a small state school, has provided me with opportunities I couldn't have gotten anywhere else."



John Lewis, Class of '83, visited the Warrior Room this past week in his military uniform from Marion Military Institute of Alabama.

JACKIE THOMSON

PRESENTS



Everybody dreams and every dream has a specific meaning pertaining to the dreamer. Knowing a possible meaning to a dream can help you to use it in accord with your life. The following meanings to dreams are taken from the teachings of Freud, Jung, Adler, Stekel and other leading authorities.

Accident: Happening to the dreamer- He is punishing himself, in a token way, to appease his conscience.

Happening to somebody else in the dream- Aggression toward that person, though the dreamer has superficially avoided responsibility.

Becoming fat: Pregnancy. Fear of pregnancy may be transferred into fear of becoming fat.

Hair: being cut- Loss of virility, strength, impotence. An unreasonable fear, and therefore a fear arising from the unconscious, often has a symbolic significance.

Bridge: a crossing- a transition between two periods in the dreamer's life, a way across, using the conscious mind.

Books: memories

Box: A coffin, and therefore death and death wishes. Freud thought a box might signify the womb, but chiefly because of a similarity in the German word. Nevertheless, death and the womb are linked symbolically, and both are places to retreat to when the dreamer is unwilling to face some grim aspect of his life.

Buried Alive: The experience of being born, which has only registered by the unconscious and birth.

An unwholesome relationship with the mother that is stifling the individual.

Catastrophes: The demand for a change of attitude.

Cemeteries: Thoughts about someone who is dead; or what is dead and buried, namely, the past; and that corner of the mind where old impressions have been buried. There may be something in the past which the dreamer doesn't want to be reminded of or look at too closely.

Chased: Being obsessed, dogged, haunted by something that the dreamer longs to escape or evade; but since the dreamer organized all parts of the dream, there may be a conflict between what the dreamer is afraid of, yet also longs for.

Shoes: A well-known symbol of death.

Crimes: Crime is the best visual image of high degrees of emotion.

To kill-Extreme hate.

To steal: Extreme desire. But the image also implies that the dreamer considers himself guilty.

Death: Someone the dreamer loves dying- Since the dreamer's own unconscious has arranged for the death it expresses the hostile, aggressive side of his emotional involvement which finds no outlet in everyday life. Sometimes the death wish may date from childhood, but in any case dreams reestablish the spontaneous attitudes of childhood, which flare up easily. This underlying hostility accompanies almost all cases of intense devotion.

Octopus: The clinging possessive mother.

Baby: The birth of new potentialities within the individual.

A Stranger: Man confronts the greater part of himself as a stranger, and the stranger in the dream may indicate the first dark confused phase of getting to know this side of himself.

Prison: Being restricted. One part of the personality may be restricting another; the conscious may be locking away the unconscious.

Ghosts: Autonomous forces within, independent of the individual's will.

Cold: Emotionally cold, whether hard-hearted or sexually frigid.

(NOTE: the above information was taken from HOW TO INTERPRET YOUR OWN DREAMS by Tom Chetwynd.)

Barnaba To Present Thesis

"I guess it's an honor," stated Miss Patricia Barnaba, in reference to her invitation by the National Physical Education to present her thesis entitled "Attitudes Toward Feminity and Acceptability of Sport Participation" at a national convention in Anaheim, California on March 30.

The thesis is to be presented orally along with her thesis paper. She must speak to an audience for one hour.

Miss Barnaba is out to prove a previous thesis by Eleonar Metheny stating that all team sports are unacceptable for girls except volleyball, is now incorrect.

"I tested many people to find out that if a sport is unfeminine, is it still unacceptable," stated Barnaba. Her tests proved that attitudes have indeed changed toward women and sports.

Miss Barnaba did a lot of her research through correspondents. She also tested 120 students at Ithaca College. She divided up the students by their involvement in sports. She had 40 athletes, 40 activity-oriented students, and 40 non-active students. She proved in her thesis that a sport can be unfeminine but still acceptable.

Dr. Veronica Eskridge helped Miss Barnaba prepare her thesis.

Another accomplishment of the gym teacher was the receiving of her masters degree this past September. She was glad to receive it because "it has helped to broaden my educational background."

"It helps with the pay too," Barnaba said. The greatest reason for Barnaba's endurance was getting a masters which has been her goal and dream.



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You've been saying you'll quit smoking for years, but can't seem to find an easy way to do it? One product that can help: Healthbreak mint-flavored gum or throat lozenges, developed in Denmark 20 years ago, only now available in the U.S.

Healthbreak contains silver acetate, an ingredient that reacts with tobacco to create an unpleasant taste whenever you light up. (It will not, however, affect the taste of food or drink.) By taking the product 4-6 times daily, you should be able to wean yourself from smoking within 2 to 3 weeks.

Healthbreak is FDA approved and is being sold in drugstores across the country. The price: about \$7.95 for a one week supply of gum, slightly less for the lozenges.

CLUB NEWS

Melissa Weeks

DECA CLUB

The Distributive Education Clubs of America held their 23rd annual State Leadership Conference, March 5-7, 1984, at the Americana Great Gorge Resort in McAfee, New Jersey. There were approximately 125 schools from throughout the state that competed at the two-day conference.

1800 students competed in a variety of state and national events that culminated in a Grand Awards session on the last day. The winners at this conference will be part of the New Jersey Delegation at the Career Development Conference to be held in Kansas City, Missouri in May of this year.

The Manasquan Chapter brought 12 young men and women to this conference. These people had competed in regional competition in order to qualify for the Great Gorge Conference. The State Leadership Conference was a successful one for the Manasquan High School students. Two students have qualified for National Competition. They are:

SEAN GLEASON - Sean competed in the CBCE (Competency Based Competitive Event) Restaurant Marketing & Management. Sean was required to take a 100 question test on the field of Restaurant Marketing, as well as participating in two role-play situations in this field. Sean earned medallions in the written test and one of the role-plays and placed among the top five competitors in the event. In the overall placement Sean finished third and received a trophy.

EILEEN MORGAN - Eileen competed in the Sales Meeting Event. She was required to give a sales presentation to a panel of judges. Once she reached the finals she then had to make another presentation before all the judges in this event. When the event was concluded Eileen was given the first place trophy.

In addition to the National qualifiers two other students from Manasquan High School earned awards. They are:

SELENA MOURING - finished in the top 6

in Fashion Modeling.

KIM REYNOLDS - earned a third place trophy for her performance in the written test in General Merchandising.

STUDENT COUNCIL

The Student Council will be attending a New Jersey Association of Student Councils' State wide meeting to be held at Great Adventure.

They have also been busy updating their constitution, writing new pledges for all members, adopting a child to send funds to and looking into plans for a computer match.

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LOOKING THROUGH TIME

Joan Raffetto

The Litahni? Have you ever heard this word? Not likely! The Litahni was the name of Manasquan High School's newsmagazine over 60 years ago. The newsmagazine originated in 1920 and the logo is believed to be a Leni Lenape word.

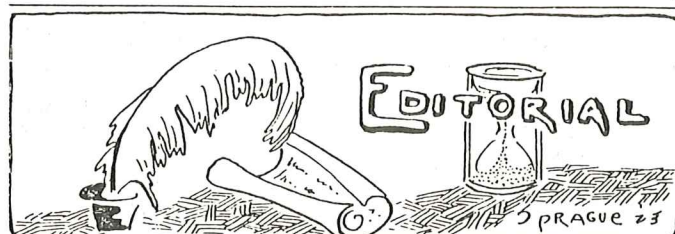
The Litahni was distributed five times a year: November, December, February, April and June. The subscription was \$1.00 annually. The newsmagazine portrayed articles on literature, art, commercial, athletics and study news.

This reporter was only able to read the April edition of 1925. Today most of the issues are extinct.

Mary Rule was the Editor-in-Chief in 1925 and below is a reprint of the editorial that appeared in the April issue. This issue of the Warrior will also reproduce other pages that appeared in the April edition.

4

The LI-TAH-NI.



Why You Need The Li-tah-ni.

Every wide-awake institution recognizes the need of a private publication. That publication should be wholly in keeping with the spirit, the activity and the dignity of an organized group of people. To a great extent it serves as a mirror or reflection of the character of the people involved. It demonstrates the ability of the writers to record in a good sportsmanlike manner the victories, defeats, good times, disappointments, and all the other occurrences that tend to make a natural history. It shows not only the ability to write in an interesting, impartial way but the capacity for work that is vital for success in securing for the paper the superlative degree of neatness and attractiveness.

The school, like all other institutions, needs a publication. There is much latent talent in every school that should have an opportunity for development. Many a great journalist received his start working on a school paper. His success in that line of work probably resulted from the discovery made during his school days that he could write well if he tried.

You, who have never written for the Li-tah-ni, try it. Your work on the Li-tah-ni will prove not only interesting and beneficial but another mark of your school spirit. Since school spirit fosters popularity, we are showing a marked degree of that much desired quality of co-operation when we work for the school paper. A glance at the Exchange Department will reveal that our Li-tah-ni is read with interest from coast to coast. Manasquan High School deserves such popularity and will always have it while the students participate in inter-scholas-

tic contests and maintain a high standard publication.

Your satisfaction in later years will more than compensate you for the extra efforts you exerted in making your school paper a greater success. How you will search through the pages for more vivid recollections of your "happy school days"!

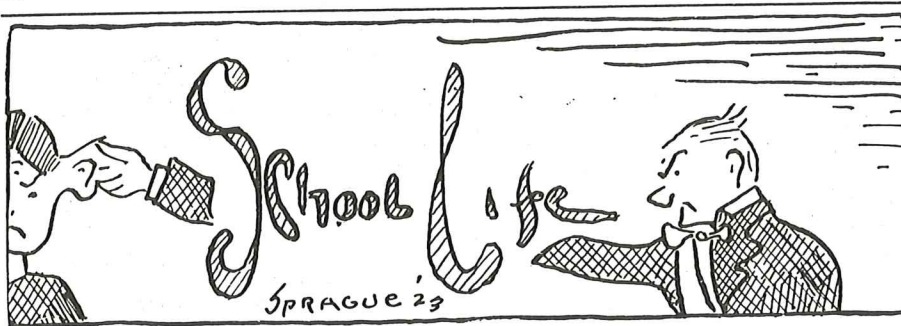
Now is the time to make that paper the best one. Remember, the Li-tah-ni needs you, and you need the Li-tah-ni.

13

Perhaps there is no one who is not at heart just the least bit superstitious. It is foolish, we all know, and yet it serves its purpose in a way.

Take, for instance, picking up pins. This may have been originated by some fond parent who desired neatness in his children. Then the idea of the relation of umbrellas and beds comes into view. This too was probably the result of some cautious person, for who, pray tell, would like to have a damp bundle of cloth and iron spoil the serenity of his "Land of Counterpane"? There are many, many others which could probably be traced to similar sources by anyone with any imagination.

But the greatest of all superstitions, the number thirteen, is not easily dismissed. To some it is fatal to travel or do anything on such a day. We, on the other hand, regard it as quite auspicious, for did we not win our 13th debate on March 20? Never in our memory, at least, have we so enjoyed a debate as this. Freehold displays a school spirit which has not been rivaled by any of our competitors, at least in the last two years. We get much pleasure from such



Senior Notes.

SENIOR ALPHABET.

A is for Arlena—

Arlena, good and true;
Her cheerful smile plays all the while
With her pleasant "How d'ye do?"

B stands for Bertha,
The girl with the song,
And of loving admirers
She has quite a throng.

C—Yes, Clarence,
Our champion test-tube breaker,
When he reaches the top of the ladder
He'll be a test-tube maker.

D is for Daniel,
So very, very studious,
We hope that too much studying
Won't make him look lugubrious.

E—Oh! Ethel,
So neat and so prim,
She hustles straight home,
Her work to begin.

G is for George,
Our newspaper fiend,
He reads them in class,
As the teachers have seen.

H is for Helen,
My, how she likes sweets.
Whenever we go near her
We expect a fine treat.

I—little Ida,
Who spills all her dinner.
No doubt on a diet,
She wants to get thinner.

J is for Jack,
The mischievous scholar.
In History Class
He is Oh! such a bother.

M stands for Marjorie,
And the basketball team,
When they win the games,
How our faces beam.

O is for Oliver,
My, he has luck!
He is never scolded
For misconduct.

R is for Russell,
A post-graduate.
He comes every day,
But sometimes he is late.

V is for Virgil,
Another P. G.
Some day in the future
A great man he'll be.

V. T. (in Trigonometry Class):
"Brother Woolley is not here. His pew
is vacant."

J. P. (looking at G. B.'s graph): "All
you need is a moon to make that a land-
scape."

B. S.: "It isn't fair to look in your
book, is it?"

Mr. P.: "No."

H. LaC.: "Oh! but this isn't my
book."

Miss S.: "What kind of utility does
that chair have, Ida?"

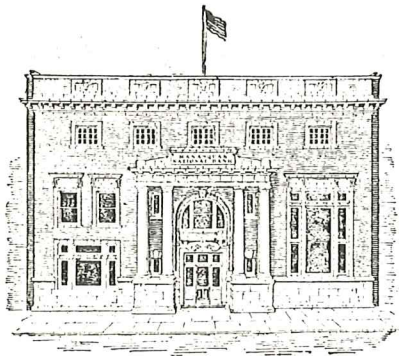
J. P.: "Time utility, because when
the bell rings she's going to leave it."

J. P.: "May I open the window?"

Miss S.: "Yes, and get rid of your
gum while you're at it!"

J. P.: "May I have some air?"

G. V.: "Say, I wish you'd take the
air for a while."



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ROCK LEGENDS: LED ZEPPELIN

When the Yardbirds broke up in 1968, Jimmy Page formed the New Yardbirds, later to become Led Zeppelin. He first contacted John Paul Jones, another respected session player(bass/keyboards). Initially they had Terry Reid in mind as the singer, but when he declined a friend recommended Birmingham-based Robert Plant, who played in a local group called, Band of Joy- which also provided drummer John Bonham.

Their first British tour won them few friends, and they immediately decided to focus on the American market, where Page's reputation had greater success and other British bands like Cream and the Jeff Beck Group had made considerable impact. By their second tour in the States they had an impressive debut album. Recorded only months after they were formed, Led Zeppelin I (1968) set a standard in high-energy hard rock that has been rarely surpassed but often imitated. By early 1969 it was in the American Top Ten album chart, and since then the band has never looked back.

Led Zeppelin II (1969) and III (1970) were in much the same vein. Zeppelin created definite hard-rock statements in songs like "Dazed and Confused", "Communication Breakdown", and their ultimate blockbuster, "Whole Lotta love".

They planned their seventies career most carefully, releasing one album a year and timing their tours to build anticipation for it, never performing on TV (aside from one appearance in their first year), and never officially releasing a single. Their rise, rapid and phenomenal, attracted the attention of many music critics, who never acknowledged the excellence of some of their greatest albums, particularly Zeppelin IV (1971) and Physical Graffiti (1975). By the mid-Seventies they were arguably the most successful group in the world. Led Zeppelin offered a blueprint for all the successful British heavy-metal acts, such as Black Sabbath, Deep Purple, Ten Years After, and, more recently, Rainbow.

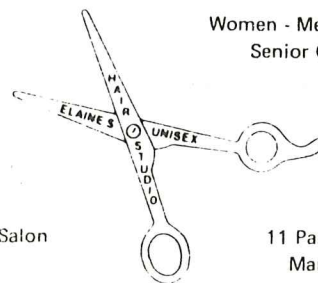
No other group has sustained for so long so huge a following by repeatedly

withdrawing from the limelight. By the time of John Bonham's death in 1981, it seemed that the band had finally reached its tragic end.



ELAINE'S HAIR STUDIO

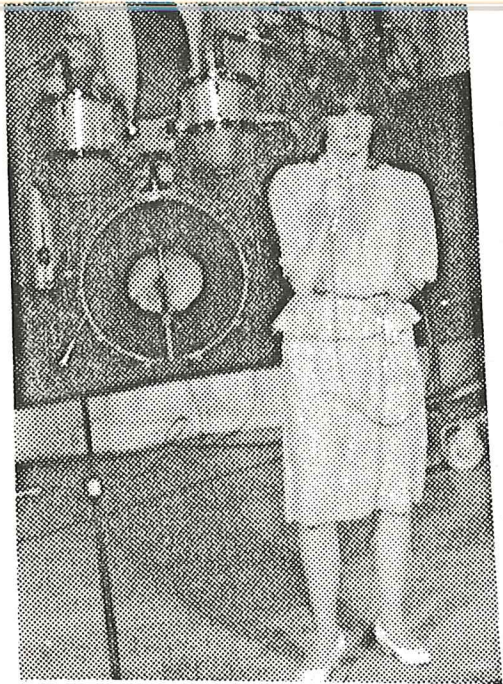
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HIGHLIGHTS OF THE POPS CONCERT.....



Jeanette Hetherton sings Journey's "Troubled Child".



Karen Lyons performs "Don't Let It End".

MHS
PRESENTS



Thoa Hoang sings "Woman In Love".

POPS
CONCERT

News Release

Contact: Rona Frankfort
312/328-8100, ext. 279

For Immediate Release

TEST YOUR SKILLS FOR A COMPUTER CAREER

Evanston, IL--You have only a 3-gallon bucket, a 5-gallon bucket and all the water you want. How can you measure exactly one gallon of water?

If you enjoy solving problems like this one, you may have a basic aptitude for a career in computers, according to Philip Clement, President of DeVRY INC. "This problem requires math ability, logical thinking and an interest in problem-solving -- some of the same skills necessary to work with computers," he explains.

DeVRY INC. is a network of postsecondary technical institutes offering degrees and diplomas in Electronics Technology and Computer Science for Business. Eleven campuses are located across North America.

"There are many types of positions involving computers, including computer operators, service technicians, computer programmers, systems analysts and computer designers. Most of these jobs require abilities that people can identify in themselves," Mr. Clement says. "Of course, actually entering one of these careers usually requires a diploma or degree after high school, and sometimes, several years of experience as well."

Still, Mr. Clement points out that the following skills inventory can help an individual determine if he or she might be suited for a computer career.

1. Do you enjoy analyzing situations?
2. Do you learn new concepts quickly?

more...

U.S. ARMY RESERVE

NEWS AND FEATURES

FOR IMMEDIATE RELEASE

CONTACT: Dennis da Costa
(212) 708-6306

NEBRASKA SENIOR WINS

ARMY RESERVE CONTEST

One evening last April, David Cohen, a 17-year old senior at Burke High School in Omaha, Nebraska, sat down and composed an essay to be entered in a contest.

The next day, David turned in the essay to his English teacher and he quickly forgot about it.

Weeks later, as he was sitting down for dinner with his family, David answered the telephone. It was a call from the Pentagon in Washington, D.C., and the Army Reserve official on the phone had some surprising news. His essay, David was told, had been judged the best of the more than 2,000 papers submitted nationally to the Army Reserve National Essay Contest, a competition created especially for the Army Reserve's 75th Anniversary being celebrated throughout 1983.

For winning the competition, David would receive a \$1,000 U.S. Savings Bond, courtesy of the Reserve Officers Association (ROA), the co-sponsor of the essay contest. And he would receive the bond and a trophy at a gala banquet in Salt Lake City, Utah, where the ROA was holding its annual convention.

-more-

U.S. ARMY RESERVE

NEWS AND FEATURES

FOR IMMEDIATE RELEASE

CONTACT: Dennis da Costa
(212) 708-6306

NEBRASKA SENIOR WINS

ARMY RESERVE CONTEST

One evening last April, David Cohen, a 17-year old senior at Burke High School in Omaha, Nebraska, sat down and composed an essay to be entered in a contest.

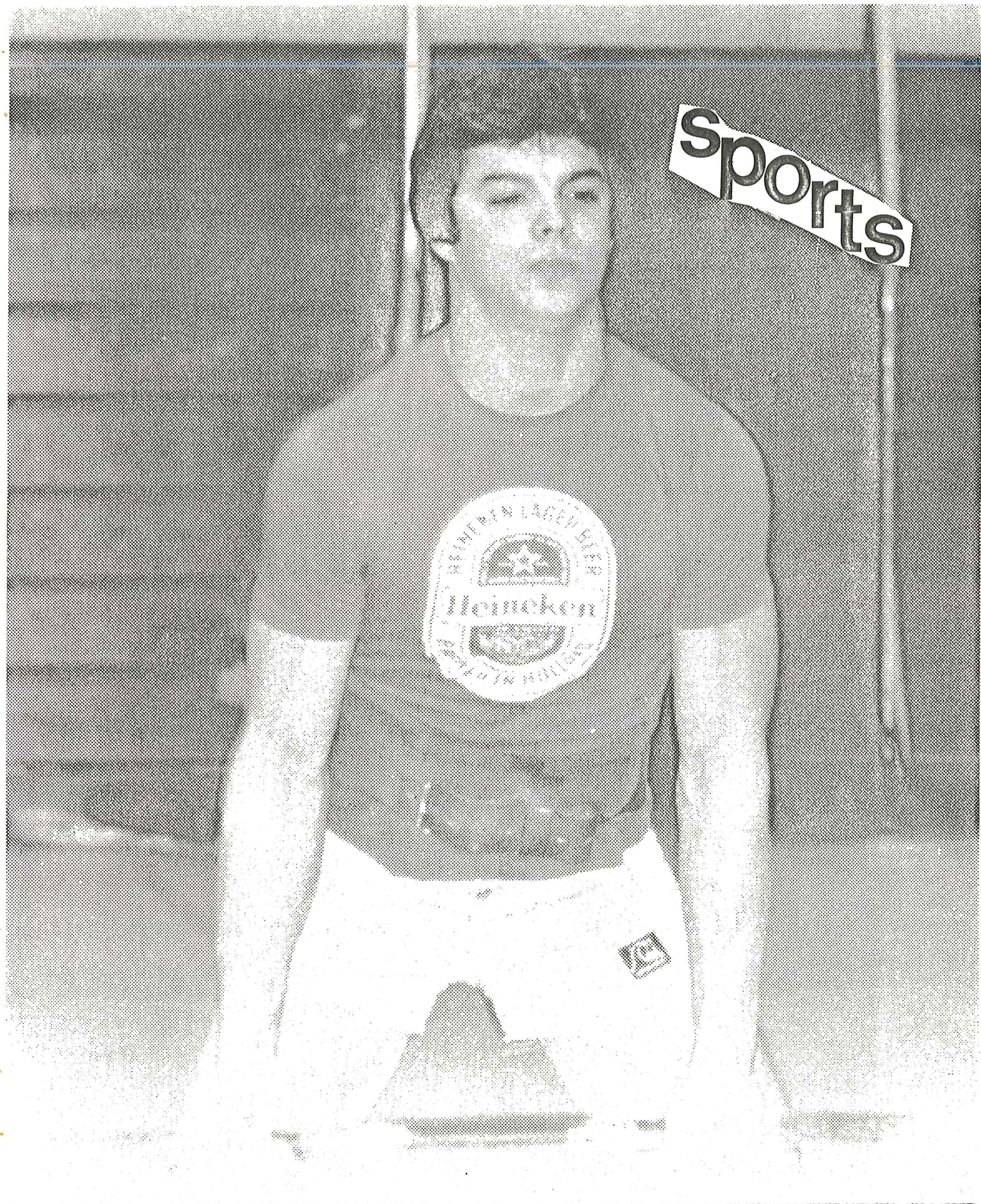
The next day, David turned in the essay to his English teacher and he quickly forgot about it.

Weeks later, as he was sitting down for dinner with his family, David answered the telephone. It was a call from the Pentagon in Washington, D.C., and the Army Reserve official on the phone had some surprising news. His essay, David was told, had been judged the best of the more than 2,000 papers submitted nationally to the Army Reserve National Essay Contest, a competition created especially for the Army Reserve's 75th Anniversary being celebrated throughout 1983.

For winning the competition, David would receive a \$1,000 U.S. Savings Bond, courtesy of the Reserve Officers Association (ROA), the co-sponsor of the essay contest. And he would receive the bond and a trophy at a gala banquet in Salt Lake City, Utah, where the ROA was holding its annual convention.

-more-

sports



Martin Athlete of the Week

"I was really surprised," stated junior Chris Martin, in reference to being chosen "Athlete of the Week". Martin has been chosen mainly for his dedication to the sport and also his statistics for the 1983-84 season.

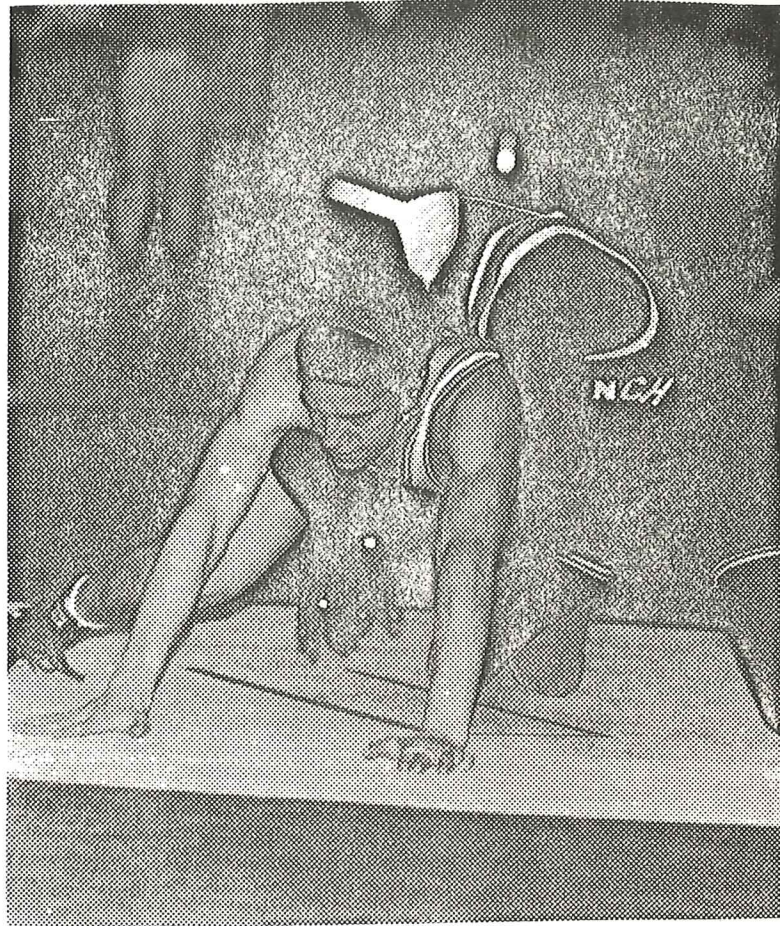
Martin finished the season with a 21-6 overall record which was easily the best on Manasquan's Varsity Wrestling Squad. His six defeats came from Brick Memorial's Art Laborte whom he lost to twice, Point Boro's Jerry Cerligilone, Long Branch's Tyrone Davis, Freehold Boro's Regus Armstead, and Brick's Tom Greenbury.

"I started wrestling in sixth grade and began to like it more and more each year," stated Martin. Martin wrestled three years in grammar school before wrestling at Cranford High School as a freshman. Before the start of his sophomore year Martin transferred to Squan which probably made coach Campbell one of the happiest wrestling coaches in the Shore area.

Although Martin loves to wrestle, he also enjoys playing football, skiing, and surfing when on his own. "Chris is the type of person you would expect leadership from. He's a good friend and an AWESOME wrestler," stated junior Michael Mendez.

This year Martin achieved something every wrestler hopes for, to win the Districts and to compete in the Regionals with the finest wrestlers in the Shore. "I love wrestling a lot and would like to continue wrestling in college if I can," stated Martin.

"If you are planning on wrestling for the Big Blue beware of coach Campbell. He's an ANIMAL," stated the "Athlete of the Week".



Junior Chris Martin waits for Long Branch's Tyrone Davis to explode into the "BOOFOO" move to start the second period at Neptune High School.



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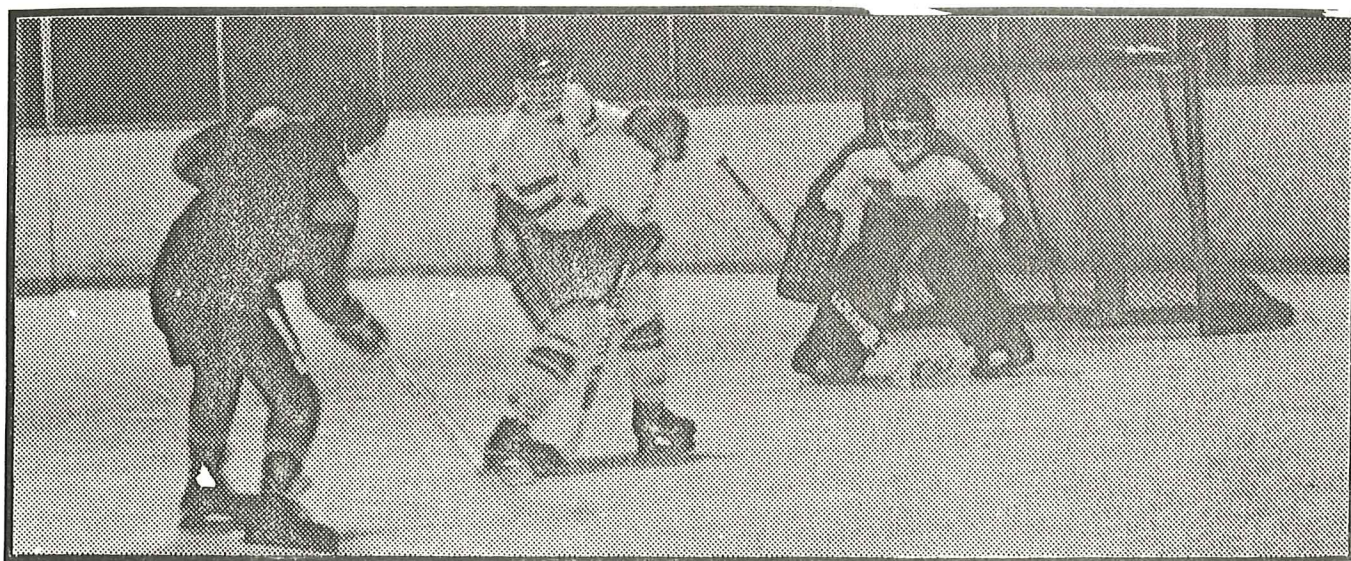


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Top photo (clockwise): Sean Pringle sets up for the slapshot; John Rogers clears the crease as Scott Patton defends; Sean Coughlin fires the puck past Diner and goalie Mike Harry.

Photos: Jim Trumbour



Abrecht, Hilla, Mulrennan, Roberson Set Records

Mark Collard

"It went well. The meet was exciting and competitive as the boys were breaking each other's record after a new record was just set," stated Mr. Richard Trimble in reference to the 10th Annual Powerlifting Meet held in the gym last Tuesday.

Twenty-five lifters participated in the meet and placed into four weight classes: flyweight, lightweight, middleweight, and heavyweight.

FLYWEIGHT-below 130lbs.

This was the first time that the flyweight class participated in open competition. Since this is the first year, all top lifts will constitute records.

Freshman Joe Ippolito won all three of the lifts plus the overall title. Ippolito squatted 225, bench pressed 170, and deadlifted 300 for a total of 695.

Craig Davis finished second with a total of 625 while Bill Ippolito and Mick Ricerto tied at 515. Ippolito wound up taking third as lower body weight breaks a tie.

LIGHTWEIGHT-below 150lbs.

Chris Ballas and Curt Abrecht battled neck and neck throughout the lifts, but Ballas overtook Abrecht on the deadlift to win by 20lbs.

Ballas had a squat of 300, a bench press of 240, and a deadlift of 435 for his winning total of 975. Abrecht finished second with a 955 and Ed Mulrennan took third with a total of 700.

Abrecht broke the record for the squat with a lift of 370lbs. on his fourth attempt. Mulrennan now holds the deadlift record with a lift of 455. Mulrennan and Ballas traded record-breaking lifts on their third rounds as each broke the old record and then their own records. The 455 was on Mulrennan's fourth lift.

MIDDLEWEIGHT-150-175lbs.

Although there were no records set, senior Brian McNamara had the second highest

total of all the weight classes competing in the meet.

McNamara squatted 350, bench pressed 270, and deadlifted 460 for an accumulative total of 1080. John Bermingham finished second with a 975 and Will Librizzi took third with an 835.

HEAVYWEIGHT-above 175lbs.

This class turned out to be the most exciting of the evening as Alan Hilla took the title with a 1235, the highest total of the evening.

Hilla had a squat of 405, a bench press of 330, and a deadlift of 500 for his 1235 total. Derek Roberson finished second with a 1050 and John Lentz captured third with a 995.

Roberson set a record in the bench press with a hoist of 350. He attempted a fourth lift of 370 but missed it; this breaks the three year old record held by Mike Campion.

Hilla now holds the record for most first place finishes with five, breaking the record of four held by Mike Briant.

The following boys have bench pressed 200 lbs. or more in open competition, 1983-84:

Brian McNamara
John Lentz
Al Germaine
Eliot Clark
Rick Hoffmann
Bill Newbury
Tom Hundley
Nelson Lapham
John Bermingham

Curt Abrecht
Chris Ballas
Ed Mulrennan
Alan Hilla
Derek Roberson
Kevin Green
Will Librizzi
Mike Vitale
Mort Willever

Wade Lawrence

The Warrior Staff would like to congratulate all who participated in the meet.

(201) 370-9200



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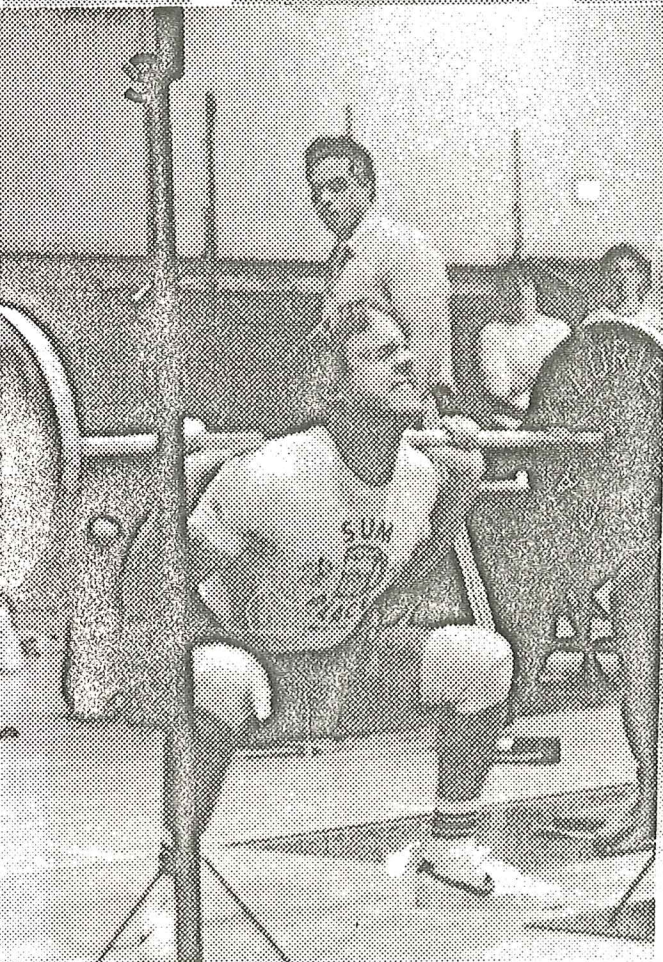
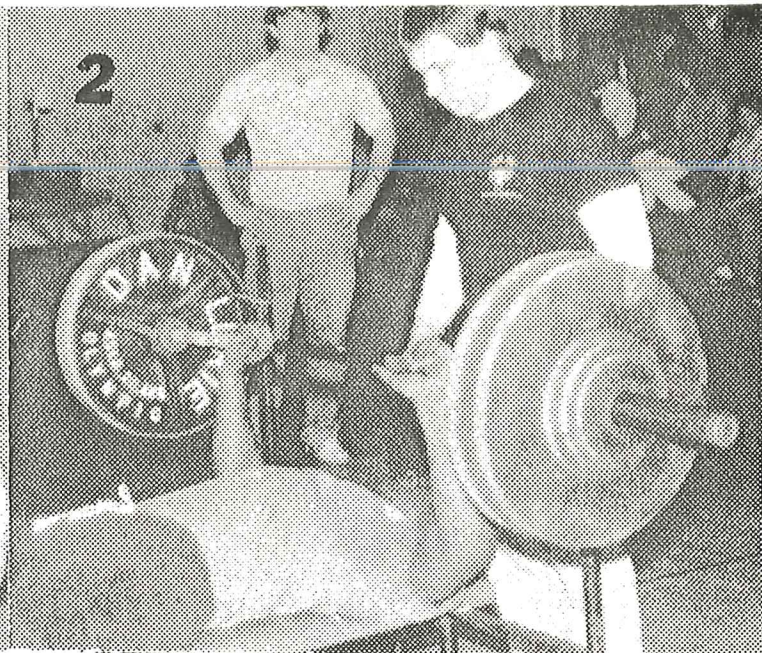
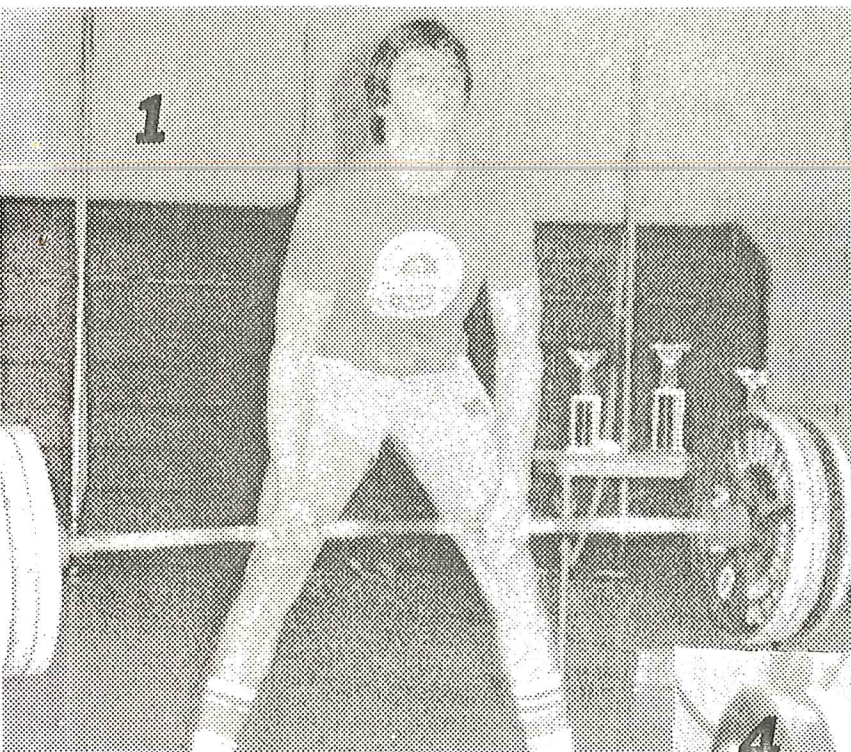
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- 1** Senior Ed Mulrennan breaks the school record with a 455 lb. dead lift.
- 2** Senior Derrick Roberson breaks the school bench press record at 350 lbs.
- 3** Senior Chris Ballas has become the winner of the squat lightweight division 2 years in a row.
- 4** Junior Al Pilla holds the school record of 5 1st place finishes.



You're invited to enter the First Annual Stuart Hall Scholastic Awards Competition:

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Share the excitement of the 1984 Olympics in a fun, challenging way...

In 100 words or less, answer the question posed in each contest's "essay theme." Each entry must be accompanied by an Official Stuart Hall Scholastic Awards Competition Entry Form. Enter any or all contests as often as you like. Just be sure your entries are received before the appropriate contest deadlines.

CONTEST 1

Essay theme: How do you feel the upcoming Olympic Games help young people of competing nations better understand one another?

Deadline for entries: February 29, 1984.

CONTEST 2

Essay theme: How important is it to you for the United States to win the most medals in the 1984 Olympic Games, and why?

Deadline for entries: June 30, 1984.

CONTEST 3

Essay theme: What's the most important thing an athlete can bring home from the Olympics?

Deadline for entries: October 31, 1984.

CONTEST 4

Essay theme: How can competing against other people help make you a better person?

Deadline for entries: February 28, 1985.

How your essay will be judged

All entries will be separated into 3 grade-level categories: 10th-12th, 7th-9th, and 6th grade and under. Your essay will be judged with 3 criteria in mind:

Content (including originality, composition and completeness of thought)

Grammar (including spelling, punctuation, proper use of words, etc.)

Legibility (including neatness and readability—entries may be handwritten or typed)

You could win...

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First Prize: \$1000 scholarship (3 winners per contest)

Honorary Award: Full semester's supply of Stuart Hall school products (30 winners per contest)

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OF RULES SEE BACK SIDE
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NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

SCHOOL _____

ENTRY FOR:
(Check one)

- ☐ Contest 1
☐ Contest 2
☐ Contest 3
☐ Contest 4

GRADE-LEVEL CATEGORY:
(Check one)

- ☐ 10th-12th
☐ 7th-9th
☐ 6th and under

If class project, enter teacher's name: _____

Mail to: Stuart Hall Scholastic Awards Competition
P.O. Box 1746
Kansas City, MO 64141

How Many Irish Counties Can You Find?

A	V	A	C	P	K	I	L	K	E	N	N	Y
L	J	N	W	C	S	H	E	A	B	Y	B	A
I	R	Q	A	H	L	T	A	F	O	R	L	W
M	R	W	T	H	E	A	N	A	V	A	C	L
E	A	C	E	J	G	M	R	Z	G	R	S	A
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K	F	H	R	K	D	L	R	N	M	I	M	O
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T	A	L	O	U	T	H	M	A	Y	A	O	M

Jennifer Newman & Chris Farrell

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Cavan

Monaghan

Waterford

Limerick

Galway

Mayo

Clare

Louth

Tipperary

Kilkenny

Wexford