



WARRIOR

MANASQUAN HIGH SCHOOL

March 23, 1979

Volume Nine, Number Thirteen

Headin' For Texas
Johnson Takes State Title



Even though Manasquan is working on a tight budget, money has been set aside for building upkeep. The first floor bathrooms will be repaired as soon as the bids are chosen. The bathrooms are in bad need of hardware, including soap holders, tissue holders, and new tile. The bathrooms' overall appearance is supposed to curb the amount of vandalism that has occurred in the bathrooms. "The bathrooms will look great when we are done with them," explained Superintendent of Schools Harry Morris. "I hope that the students will appreciate the work."

Work has already started in the nurse's office. The ceiling has been remodeled and lowered about 1½ feet to improve acoustics and the the overall appearance. New fluorescent lighting completes the dropped ceiling.

New carpet for the office and tiling for the bathroom are on the way. The office was painted recently and the results are pleasing. "As soon as the new audiometer arrives, we'll have everything set," concluded the school nurse, Mrs. Prudence Lord.

In case you haven't noticed, the auditorium is finished, complete with new draperies and a new curtain. These improvements came just in time for Academic Awards Night.

Another Manasquan High School alumni has found a job- Dr. Thomas C. O'Rourke recently landed a job as superintendent of schools in Erie, Pennsylvania.

The Erie Board of Education voted 5-4 to hire Dr. O'Rourke over Superintendent Richard Hilinski, who had the support of of the United Labor Leaders.

O'Rourke's three year, \$35,000 contract will include travel expenses and over 15,000 students in five high schools and twenty one elementary and middle schools.



Dr. Thomas C. O'Rourke

The job will be quite a challenge to O'Rourke. The problems will multiply as the number of students increase. Manasquan's mere student population of 1,400 seems like peanuts compared to Erie's 15,000 students. But as one teachers told me, "They (schools west of New Jersey) like to spend money." In that case, Dr. O'Rourke should get along very well. Too bad Manasquan can't afford to adopt that policy. The "Warrior" staff wishes Dr. O'Rourke the best of luck in his new position.

Most of the Shore area has not yet overcome the tragic death of Neptune High School's Keith Alston.

The Scarlet Flier senior died hours after he won the 135 pound state wrestling championship title at Princeton's Jadwin Gym, in a one car crash on the Garden State Parkway.

The news of the athlete's death has shocked the students at Neptune and around the state.

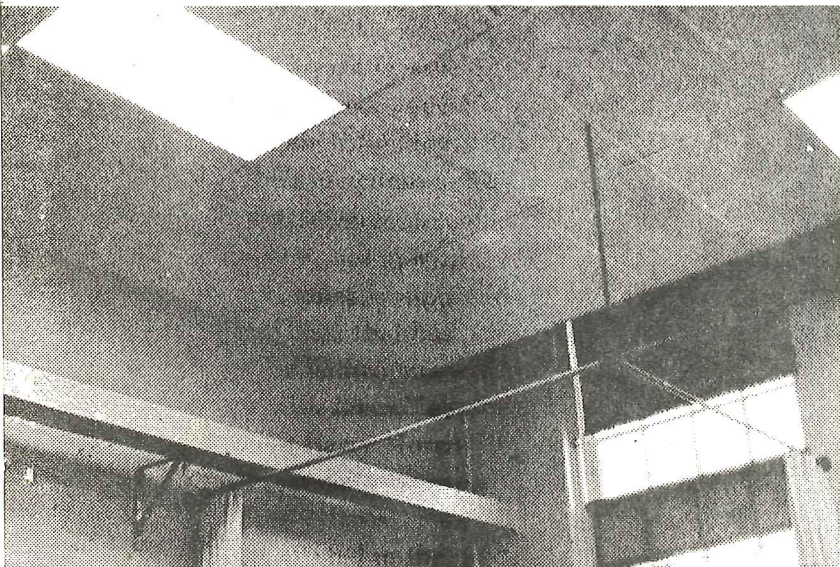
Alston was named to the Asbury Park Press All Shore wrestling team this year and finished the year with a 28-1 record. His junior and senior high school career tragically ended at 111-11-1.

Everyone will remember Keith Alston as a great athlete and person.

LAST CHANCE!

SEE [GOODSPELL] AT

8 PM TONIGHT



The new dropped ceiling in the nurse's office will improve the appearance and improve the acoustics. (Photo by mik)

'Godspell' Songs Hit With SRO

Performing for a standing room only crowd, the Manasquan High School Symphonic Choir turned out its most successful production ever - "Godspell": The Music".

The March 17 performance was directed by Mr. Lee N. Weisert and choreographed by Robin Cooper. Due to the tremendous success of the program, a special encore performance will take place this evening in the high school auditorium at 8 p.m.

The show was opened up with Marc Biondi singing "Prepare Ye the Way of the Lord". His extremely strong voice opened the program with a bang. While Marc sang, an immense chorus joined him on stage.

"Save the People", performed by William Jewett who portrayed Jesus Christ, was effective in building on the opening.

Freshman Chris Ludwig followed with a sweet and vibrant execution of "Day by Day". Chris obviously has a great future with the chorus awaiting her talents. Her splendid tones and building of emotion in the song made it one of the evening's better numbers.

"Learn Your Lessons Well" was sung by Sue Carton. This came across as one of the evening's lighter pieces. "Bless the Lord" was well done, but the tune lost some of its effect with an inaudible backup job.

"All for the Best" was performed by Gene Langenberger and, due to the absence of Elliot Meyers, Bill Jewett. The carefree vaudeville sound of this tune made it a real success. Gene and Bill were a well matched duo with this one.

Joseph Moynihan's "All Good Gifts" can be called the most profound expression of the show. Commendation is also due to Molly Hoffman for a fine instrumental in this song.

Ben Middleton's "Light of the World" deserves special commendation. Ben was a hit because of his enthusiasm in this number. Ben

certainly made his act a tough one to follow, but it was followed with class by what was easily the most powerful and entertaining act of the evening.

Molly Hoffman's singing in "Turn Back, O Man" left the audience all too soon. A great amount of time and effort evidently made this performance as successful as it was. Special lighting effects added to its perfection. Be sure to catch this act tonight.

Gene Langenberger received well deserved congratulations with his "Alas for You", a very strong and emotional number.

Ellen Perry followed, sporting sweet tones with "By My Side". A nice backup was provided by Susan LaSala, replacing Dorothy Brophy who was unable to perform because of absence.

"We Beseech Thee" was performed by Chris Poverman and Molly because of Elliot's absence. The two made the song entertaining, with Molly once again adding a strong performance to her record.

Joe Baatz and Marc Biondi did an admirable job with "On the Willows", another of the show's more serious pieces.

The finale of the program can be easily summed up in one word - dynamic. Some hot lighting work accented an especially strong performance by Bill Jewett. The crucifixion scene was definitely strengthened by the effects. William "Woody" Dunwoody and Jon Chew deserve special recognition for their work with lighting and sound effects.

Tonight's show will be altered slightly, but the performance will probably be even stronger, as the singers have attended extra practices over the past week. The changes which will take place are the inclusion of Elliot Meyers in the program as expected in the first performance and the substitution of Dorothy Brophy where Susan LaSala performed on opening night, provided that no extenuating circumstances occur.

Don't miss this final performance of the songs from "Godspell" and be sure to pick up your tickets as soon as possible; seats for this one may not last long.

Barbara Trumbour

STUDENT OF THE MONTH

"I'm really honored since I was voted by my peers," stated Jeff Raliski after being chosen Student of the Month.

In Jeff's four years at Manasquan, he has been on the soccer, cross country and track teams. Since his sophomore year, he has been in the Key Club and the Spanish Club. He is a member of the Kiwanis Honor Society and National Honor Society; he has received the Board of Education award for three years.

"I'm really happy with the new improvement in the grading system because 95 percent of all schools give A,B,C grades, so I feel it is equal with all other schools," says the Brielle resident.

About the new scheduling, Jeff says, "If they can get at least two classes on a full schedule without being overcrowded, it's a positive step. But if they get an addition to the school, it will work out better."

This year Jeff is taking college preparatory courses. In the fall he will attend the University of Notre Dame where he will follow a basic liberal arts program until he decides his major.

"I'm looking forward to graduating, although the days seem to be dragging since I've been accepted to a college," he said. But he will miss his friends and teachers when he goes.

Jeff was born in Waterbury, Connecticut. From there he moved to Madison, Connecticut where he lived for a little less than two years. He and his family currently reside in Brielle where he has attended grammar school since he was in second grade.

"I'm happy with the renovations on the school," he said. "I just hope it doesn't get vandalized."

In his spare time, Jeff works as an usher at the Brick Plaza Theatre. He loves to read and play sports. In conclusion Jeff said, "I enjoy running but I hold no prejudices against any sport. I watch them all on TV."



JEFF RALISKI

"I think he should have gotten it sooner, he's one of the nicest seniors I know," stated junior Chris Noren concerning Jeff.

"I think Jeff is a very good student. He's very hard working and conscientious going. I t whatever h Mr. Bitsko and knows

he's
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serious

VanHouten New Typing, Steno Teacher

"Positive thinking is a guide to live by, because you can do anything if you really want to," said Mrs. Josephine VanHouten, a new business education teacher at Manasquan.

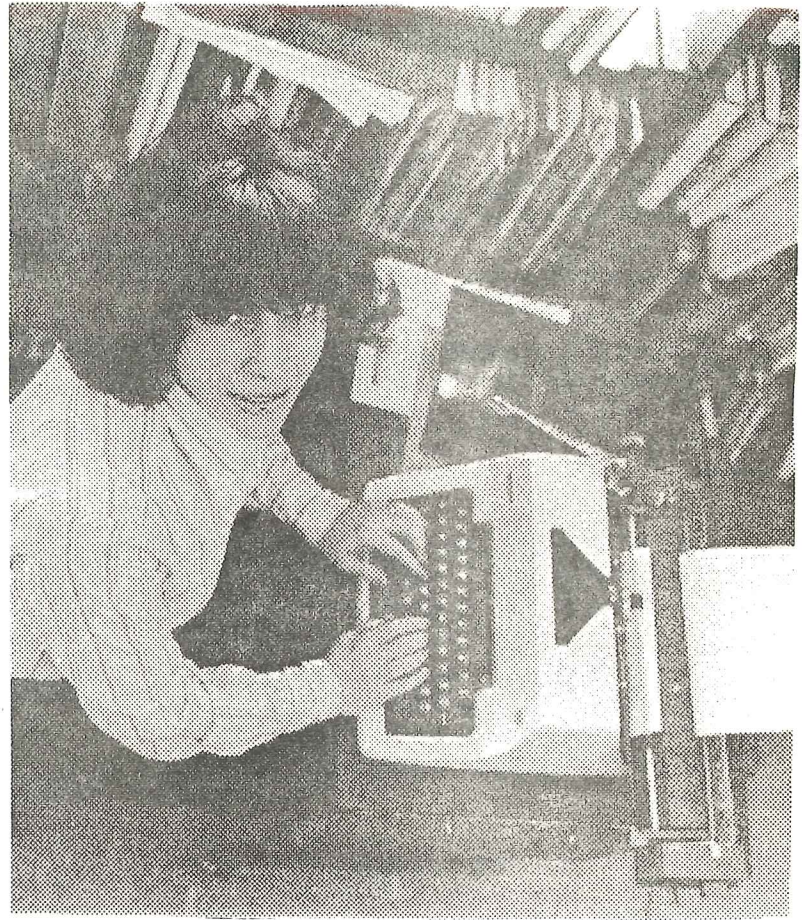
Mrs. VanHouten is Mrs. Eckenfelder's replacement and started teaching at Manasquan on February 5.

This Oakhurst resident attended Saint John's Academy, a high school in Staten Island. After graduation, she became a secretary, remaining one for seven years. Mrs. VanHouten is a graduate of Monmouth College, West Long Branch and has taken graduate credits there and various courses at Brookdale Community College.

Before coming to Manasquan Mrs. VanHouten taught at Monmouth Regional High School and at the Sawyer Business School. She also taught at Asbury Park High School and Mater Dei for a short time.

This mother of four has taught classes in General Business, Business Law, Accounting, Gregg and ABC shorthand, Business English, Secretarial Procedures, and Typing I and II.

Antiques and furniture refinishing are two of Mrs. VanHouten's hobbies. She also enjoys outdoor sports, especially skiing.



Mrs. VanHouten, new Business Education teacher.

Belmar to have Free Immunization Clinic

A free immunization clinic will be held in the Belmar municipal building on Saturday, April 7 from 10a.m. until 2p.m.

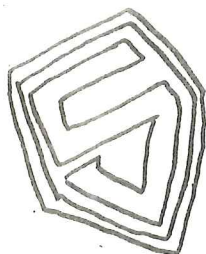
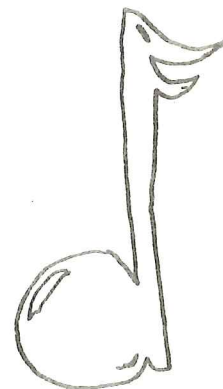
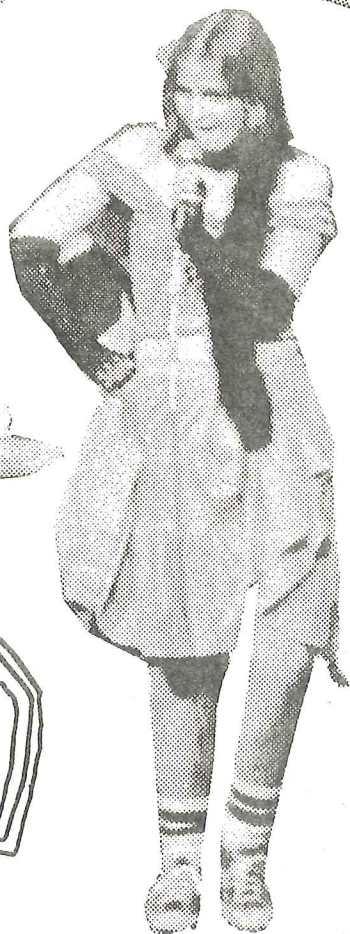
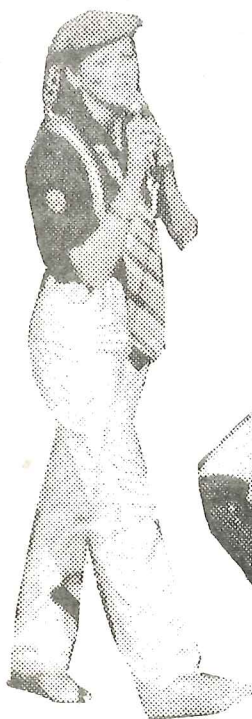
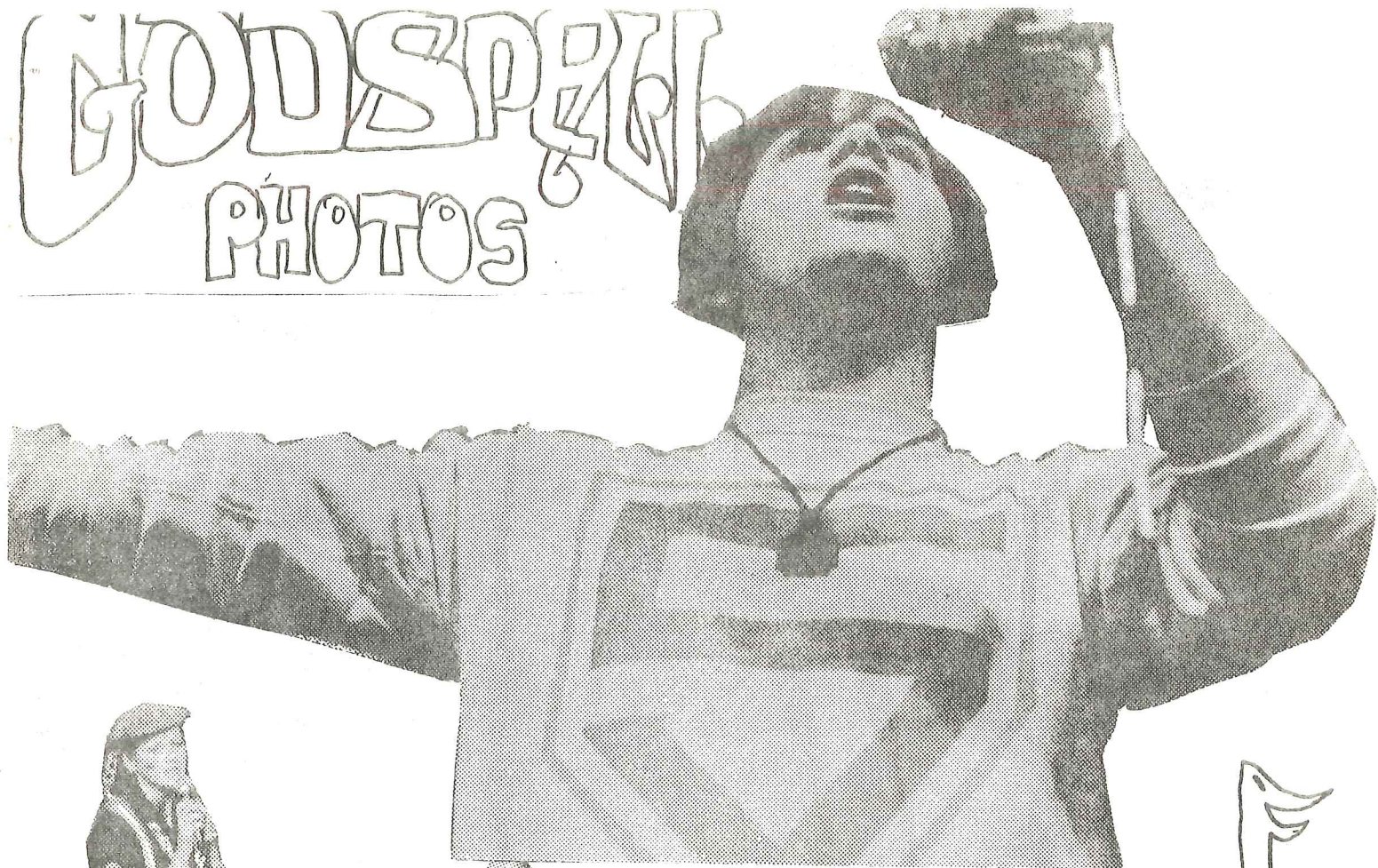
This immunization clinic will be located in Belmar because of a recent immunization survey conducted by the Department of Health.

Any school age child can get specific immunization to complete his or her series. Because of a new requirement for school age children regarding the mumps vaccination, the center will anticipate a substantial demand for this vaccine.

All students taking this opportunity to receive immunization must be accompanied by a parent. Manasquan students needing shots will have notices mailed to their homes. All students and preschoolers should take advantage of this free service.

Michelle Kreiss

GODSPELL PHOTOS



See "Godspell; The Music," Tonight! Special Encore Performance
At Eight O'clock, In The Auditorium. Adults- \$2, Students- \$1.

Shooting THE Bull

With (0) SEAN BOYAN



SCARED STRAIGHT WORTHWHILE PROGRAM

A typical conversation in the halls of Manasquan High School after students viewed "Scared Straight" a couple of weeks ago, went something like this:

Turkey I: "Did you see that show last night that McCormack made us watch about the Lifers' at Rahway?"

Turkey II: "Yeah, that was a bunch of BS. If any of those guys came near me, I'd pound em. It wasn't so scary, half of the stuff they said, was just to get you to be straight."

Turkey I: "It wouldn't have scared me either. You know there has to be guards all over the place. I would have laughed in that big guy's face."

If you had laughed in that big guy's face, he would have flattened it. The men in the Lifers' Program at Rahway State Prison have nothing to lose—if a member hits you during one of the "rap sessions," nothing could be done to him because all of the members are in for life already. So what you saw on TV was very authentic. When that inmate said, "I got nothing to lose," he was telling the truth.

Twice a day, five days a week, the Lifers' talk to 40 kids who have been getting into trouble and are on the verge of being sent to a home. Twice a day, five days a week, 40 kids get so scared they want to cry. The Lifers' Group method appears to be a very harsh way of dealing with juvenile delinquency. Some people say that psychology is the way to rehabilitate criminals. When those big men scream and swear at the juveniles sitting in front of them, the kids are hearing their own street language. All of the analyses, word association games, and tests that a psychologist can give, can't match the fear that is put into a kid when he is told what prison is truly like. If a kid is sufficiently frightened about the idea of prison at an impressionable age, he will try like hell to stay away from it. The Lifers' record speaks for itself.

The Lifers' Program has been called one of the finest juvenile delinquency deterrents ever originated by a penal institution. However, it cannot be said that New Jersey has made a big advance in correction for juveniles.

The men who are conducting "Scared Straight" should be the recipients of any credit given to the program. Here are a group of men who will probably remain in prison for the rest of their lives. Rather than waste the years, they have decided to help juveniles stay away from the mistakes they once made. More of these programs are popping up around the country and the groups are experiencing success. The Lifers' Program costs next to nothing, but is more successful than a lot of expensive juvenile programs that are set up.

The difference between a psychologist talking to a kid and a prisoner talking to a kid is obvious. That prisoner can say "I've been there and look where I ended up."

Lifers' Slogan: "Keep our membership down, for you are not welcome."

SPORTS NOTES

The New York Mets' failure to pick up a short relief man over the winter has left them again with a lack of help for some shaky starting pitchers. There are a lot of ifs this year in the infield, outfield and pitching staff, but that never stopped a true Met fan from hoping. The Mets do have some very talented athletes. If they all played to the best of their ability this year, the Mets would be in the race, at least.

You notice that when any writer mentions the Mets, that word keeps popping up. IF. If Swan, Zachry, Espinosa and Falcone have good years; If Montanez, Stearns and Henderson hit 25 homeruns; If Mazzilli hits .300; If Lenny Randle returns to his old form; If Foli and Flynn hit the ball once in a while; If the Phillies, Pirates and Cubs are kidnaped; If the Mets don't blow many extra inning games; If the team can draw fans out to the park to cheer them.

A Met fan simply gets used to hearing that word.

Weekend Gas Bans Unpopular

State Energy Commissioner Joel R. Jacobson is asking Congress to reject President Carter's proposal to ban weekend sales of gasoline.

Jacobson said this plan would cost New Jersey's economy \$2 billion annually. He added that weekend banings would save little gas because people would buy gas during the week and this will cause long lines at gas stations.

Jacobson told the Energy Regulatory subcommittee that the weekend sales ban would hurt New Jersey's tourism. The State Energy Commissioner said that with New Jersey's 6,500 gas stations the daily savings will add to only 800 gallons.

Florida Lt. Governor Wayne Mixson agrees with Jacobson and told the subcommittee that his state will lose \$100 million in income. Mixson and Jacobson added that tourist alluring states will suffer with weekend bans.

One of Carter's aims is to reduce gas consumption by 5 percent in each state. Most states agree that if they had the right to make their own conservation program they could meet this goal.

"I agree with him (Jacobson) strongly that weekend closings is a disaster," stated Senator Bill Bradley.

This week a Senate committee is trying to find out how serious the world oil supply has been affected by the Iranian shutdown. They are doing this by giving oil companies a chance to tell their side of the energy situation.

President Carter said he is going to make an energy address on March 29. Members of Congress who have talked to Carter, have reported that the President isn't sure what he is going to include in the new energy plan.

According to House Speaker Thomas P. O'Neill, Carter wants to talk to House and Senate energy committee members before making his proposals final.

"He mentioned the possibility of a tax, accompanied by decontrol over a period of time. He was very vague. But this is one of the options he is considering," said House Democratic Leader Jim Wright.

A study made by the House energy and power subcommittee said an oil decontrol could cost consumers \$14 billion the first year and increase gasoline prices 4.7 cents a gallon.

Rules were proposed Tuesday by the Energy Department which requires natural gas utility companies to help people think of ways to save energy.

The Energy Department has estimated that consumers could spend 6.7 billion for fuel saving devices and for solar energy systems, but the devices could save up to 30 billion.

With this program, utilities will arrange for the finance and installation of the devices.

Some measures proposed were storm windows and doors, heat absorbing materials in doors and windows, pipe insulation, water heating devices, and solar replacements for swimming pool heaters.

Mark Lass

681-0153

Michael De Santis

exposures



by
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Foreign Cars—CONTINUED—

to get. Many independent garages also work on these vehicles. With less popular models you can run into more difficulty finding someone to do repairs.

Prices for service are pretty much comparable to those charged for domestic cars. The adequacy of the service varies a lot from dealer to dealer. For the most part, high priced cars tend to cost more to

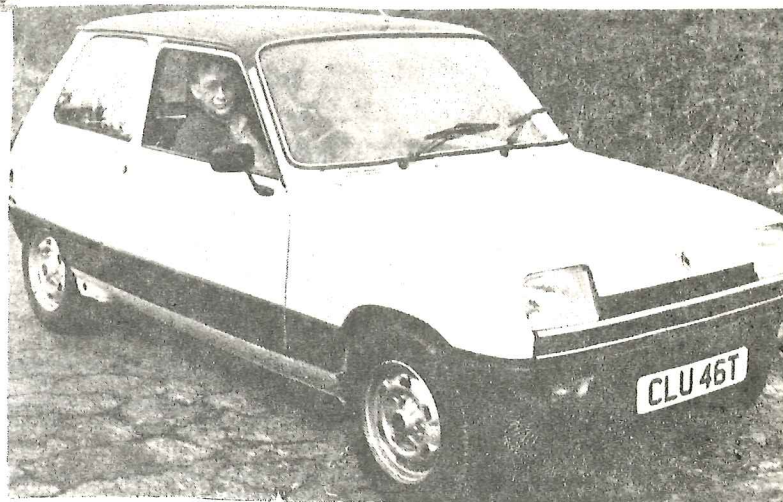
repair.

Availability of parts is also about the same as for domestics. Warranties covering parts and service differ among the manufacturers. Most offer 12 months or 12,000 miles, but Fiat and Mercedes-Benz give two years or 24,000 miles. Volvo, Audi and Porsche offer one year and unlimited mileage.



This is the new Saab 900. It is replacing the 99 series. The back end remains the same while over eight inches are added to the front end.

LeCar is manufactured by Renault. It is comparable to the Honda Civic in economical and luxury features. Renault also produces a very economical sedan.



This is the new Datsun 280-ZX. It is last year's 280-Z with more luxury features listed as standard.



"Hello Larry" Review

Matt Ward



"Hello Larry" starring Maclean Stevenson isn't one of the better new programs of the season.

This series which is a takeoff of "One Day At A Time" is about a divorced father who has a radio talk show.

"Hello Larry" airs Friday nights at 9:30 on NBC and has the potential to last quite a few seasons. Although the program has many similarities to "One Day At A Time" viewers won't find this a total copy because the program is based on Larry's job on the air.

When the program first aired earlier this year, Larry just received his divorce and custody of his two teenage daughters.

Although the program isn't original it will probably last because of Stevenson's lead roll. Without this it may have already been off the tube.

With this new series being another attempt for ratings, one wouldn't expect much. However "Hello Larry" does have its bright spots. One part of this program that will help this series last is when Larry is portrayed at his job on the radio. Not only does it help get away from the small time teenage actresses but it also gives viewers a chance to see better comedy from Larry and his engineer.

Why must the viewers suffer with hardly professional acting (the two young actresses) when on the same program they can receive professional acting and comedy (Stevenson).

Although the program has been bearable so far, soon viewers may recognize similar scenes from "One Day At A Time" on "Hello Larry" which could lead to a drop in the ratings.

If this program comes up with new and original ideas for situation comedy programs, it could be a great success, but don't count on it.

This season hasn't come up with many good new programs, and "Hello Larry" is no exception. Even with Maclean Stevenson starring in the series it leaves a lot to be desired.

Why has "One Day At A Time" lasted several successful seasons? Probably because it wasn't a copy of any other program when it first went on the air.

To rap it up, if "Hello Larry" makes it through this season, viewers may be in for a few more TV seasons putting up with this dreaded program.

Student Council

Clean Up Your Best Friend

The date for the Student Council car wash has been set. You can get your little beauty cleaned on May 12 at Manasquan Fire House #1.

This sparkling job will be done by hand and with the best of care by your student council officers and representatives for a mere \$1.50, or you can save yourself 25 cents by buying a ticket before hand from any student council member.

35 Down 15 To Go

Now for the sweeter side of life! The Student Council set out to sell 50 cases of M&M's last week, so far it has sold 35. The Council doesn't anticipate any problems selling the last 15 cases to the sugar hungry students.

Make a 'Basket For Burns'

The students of Manasquan will be able to give vital support to burn victims and their families. The Student Council will be running the annual "Baskets for Burns" program in the beginning of April.

Students will be asked to secure one or more sponsors whose contributions will support the school's efforts.

New Jersey Senator Bill Bradley, chairman of Baskets for Burns, stated, "Manasquan High School students deserve recognition for their sincere desire to serve humanity. Their parents, teachers, and community can be proud that the efforts of these students will go far to support the vital services the Foundation gives to burn victims and their families."

Julie Gay

COLLEGE ACCEPTANCES

Bob Cozza.....	Montclair State
Anita Rafter.....	University of South Florida
	Barry College
	Montclair State
	Villanova University
Joe Sullivan.....	Merchant Marine Academy
	Rutgers College of Engineering
Kenneth Krauss.....	Kings College
Wade Fisher.....	Trenton State
Merrie Meyer.....	University of New Hampshire
Evelyn Newman.....	New Rochelle College
	Marymount College
LaReine Reilly.....	Plymouth State College
Connie Webster.....	Fairleigh Dickinson University
Randall Weihs.....	Penn State
	Georgia Institute of Technology
George Woolley.....	Penn State
Diane Voorhees.....	Westchester State College
Robert Richey.....	Stockton State
	Northeastern University
	Lycoming College
Susan Spinola.....	Montclair State
	Eastern Kentucky University
Mike Briant.....	Stockton State
Linda Ferrentino	Chestnut Hill College
Cathy Alznauer.....	Cedar Crest College
	Villanova University
Richard Petix.....	York College of Pennsylvania
Dick Rassmann.....	Marist College
	Penn State
	Florida Southern College
Susan Greenwood.....	Rider College
Gary McLean.....	Moravian College
	St. Francis College
Brian Ball.....	Rider College
Chris Mellevoid.....	Syracuse University
Sean Boyan.....	Marist College
Tom Fee.....	Marquette University
	Northeastern University
	Temple University
Laura Urbanek.....	Rutgers University
	Monmouth College
	Penn State
Amanda Guthorn.....	Northeastern University
Scott McFadyen.....	Wake Forest University
	University of South Carolina
	Grove City College
Frank Savage.....	St. Peter's College
Kathy Farr.....	Trenton State
Carl Guzzo.....	Rutgers University
Molly Hoffman.....	University of Delaware
	Muskingum College
Pat Lewelyn.....	Maryland College
Joe Baatz.....	College of Boco Raton
Bob Hulsart.....	Plymouth State College
	American International College
Julie Gay.....	Drew University
William Loughran.....	Nichols College

Scholarships

Nursing Scholarship

Sponsored by the Manasquan Woman's Club. One-hundred dollars to a girl going into nursing. Deadline: 4/20/79. Submit a letter stating a little about yourself, your goals, academic record and financial need. Submit letter to your counselor.

National Secretaries

Association Scholarship.

Dead line: 4/9/79

Any student planning to continue studies in the secretarial field is eligible. Contact your counselor.

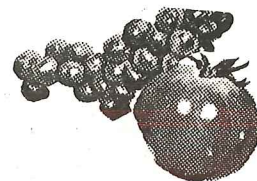
Jersey City State College.

There are a number of academic scholarships available to qualified students. If you are in the top fifth of your class and would be interested in attending Jersey City State College, contact your counselor.





LETTUCE GARDEN!



As it is difficult to escape the first sensation of spring fever, one should not avoid an early start on the annual flower and vegetable garden.

The most important item on the garden list is the soil condition. With proper preparations, your plants will receive the necessary nourishment to supply you with a bountiful harvest making you the talk of the town.

Unless a test of the exact chemical composition of your soil can be performed, it is advisable to follow a few basic guidelines in determining what additives to mix in during cultivation.

The first tilling is the most important of the season. It is essential that the entire garden is spaded, roto-tilled, or turned over to a depth of one foot, except for areas where perennials such as strawberries, rhubarb or asparagus grow.

The tilling aerates the ground and combines all organic matter so it may decompose into useful fertilizers. A thorough spreading of lime will help neutralize the soil by speeding up the the decaying process and sweeten any acid compounds which may hinder plant growth.

Peat moss and a 5-10-5 fertilizer (5% nitrogen, 10% phosphorus, 5% potash) should be combined with the soil during the first tilling. A one pound to 40 square foot ratio is safe when using most 5-10-5 fertilizers.

After the tilling process is completed, the soil should be left untouched until it is time to transplant. At that time the garden should be raked level to assure even drainage.

Although the area where perennials grow cannot be tilled, it must also not be forgotten. The three inch layer of mulch placed over the plants in the late fall should be removed. Young plants must not be disturbed but the soil surrounding these plants can be aerated with a hand trowel.

A one inch spring mulch of bark chips or dried straw will allow plants to grow through and help to control weeds. When the strawberries have bloomed, the mulch will keep the berries clean and sand free.

Mid-March is the appropriate time to sow seeds indoors for those plants that cannot withstand the cool, early spring weather. Such favorites as peppers, tomatoes, lettuce, eggplant and cabbage will be ready for transplanting when the warm weather comes if planted early.

Most seeds sown indoors should be placed one half to one inch below the surface of a moist potting soil mixture. Tomatoes, one exception, should be placed one quarter inch deep.

If a suitable climate is provided (60 to 70 degrees Fahrenheit), the young seedlings should sprout in one to two weeks. These frail plants should be kept moist and in direct sunlight for six to eight weeks until strong enough for transplanting.

A cold frame or hot bed can be useful to someone with little room around the house for seedlings. The frame is a mini greenhouse able to keep plants warm and healthy through the spring. The frame must be pointed in a direction to get the maximum amount of sunlight. It must be protected from the cold by means of glass, plexiglass, or heavy clear plastic.

The covering will raise the temperature inside so plants can grow without danger of freezing but during the day the covering may be too hot so it is recommended that a thermometer be placed inside to monitor the temperature.

In following a few of the basic fundamentals in caring for a garden, it makes maintenance easier and of course leads to a bigger and better harvest.

Michael Clayton



EATING OUT WITH ART

**EVELYN'S SEAFOOD RESTAURANT, 507-509
F Street, Belmar, Tel. 681-0236**

PRICES: entrees ranging from smelts at \$4.75 to "Steak 'N Tails" at \$12.50. All entrees are served with French fried or baked potato and cole slaw or tossed green salad.

LANDLUBBER entrees range from fried chicken at \$5.50 to a 15 oz. strip loin steak for \$11.50.

*HOURS: Tue., Thur. and Sun.: 11:30 a.m. to 9:30 p.m.
Fri. and Sat.: 11:30 a.m. to 10:00 p.m. Closed Mon.*

By chance, this week's review is of a seafood restaurant also. Rarely dining in restaurants specializing in seafood, it is ironic that I have dined at and reviewed two such restaurants in as many weeks.

Arriving at Evelyn's Seafood Restaurant around 6:30 p.m. on a misty, drizzly Saturday night, my companion and I were greeted with a forty-five minute wait. This was disheartening as there was no place to wait (save for the front anteroom, which was jam packed, and the bar, which is off limits to those who have not "come of age"). Considering the above, my friend and I wandered aimlessly around F St. for a while, strolling through the mist and drizzle.

Upon our return, we were ushered to the main dining room, which was densely populated with patrons

seated at closely arranged tables. What impressed me the most about Evelyn's was the "open air kitchen" located in the front, right portion of the restaurant. Because there are no walls or doors separating the kitchen area from the dining area, the patrons may view the personnel toiling purposefully in the spotless kitchen.

After perusing the menu and discussing the modest assortment of dinner selections, my companion and I were ready to order. She requested stuffed shrimp and I ordered "Evelyn's Complete Seafood Dinner". We both ordered sodas, which were flat. For 50¢ a glass, and a small glass at that, one is entitled to a little carbonation.

The soda, however, was the only disappointment of the evening. My friend's stuffed shrimp, surrounded by a tangy blend of crabmeat stuffing made with wine and spices, was served with enormous steak fries, candied apples and peaches, and a fresh green salad. She was thoroughly pleased with each bite.

I had no idea that the "Complete Seafood Dinner" would be so complete that I could not finish it. A generous glass of tomato juice and a cup of Evelyn's special clam chowder were only the beginning. The huge, tossed green salad was followed by the main dish, crabcakes. Served with an enormous baked potato, the rich (extremely rich!) crabcakes were tasty and done to perfection.

Dessert may be summed up in one word: CHEESECAKE. Evelyn's cheesecake, which is homemade, is creamy, smooth, and extremely rich. This is the best cheesecake I have ever eaten.

The ratings are as follows:

* Fair	*** Very Good
** Good	**** Excellent

The ratings are based on food quality, atmosphere, and service in relation to price.

The writer identifies himself to restaurant personnel after he has eaten and is about to pay for the meal.

...Mrs. and J.M.--"May I" with the blue

joker was fun. I'm shooting for a score of 185....

Happiness and You

Rich Rassmann

Are you happy? Happiness is not easily defined, if it can be defined at all. Happiness means so many different things to so many different people at so many different times. Since a vague definition of happiness held by many people is "feeling good", then perhaps another vague interpretation for it could be "the state or condition of not feeling bad".

That's not a dictionary definition of happiness, it's just an attempt at expressing the feeling in words. The dictionary says that happiness is a feeling of satisfaction, contentment, pleasure, etc. Yet even the dictionary cannot convey the feeling you possess when you are happy; it can only give you some adjectives or synonyms for happiness.

Asking someone for a clear-cut definition of happiness is much like asking someone to describe the taste of water or the feeling when you are in love. Even though everyone has probably tasted happiness, and water, and love, at some time, it still is hard to accurately depict the sensation.

A Reader's Digest condensed version of an article by Wayne Dyer, "Happiness-It's Only Natural", exposed several of the myths that have been circulated about happiness. Dyer, author of The Erroneous Zones, concluded that (1) It isn't "only natural" to become depressed, angry, and guilty (2) It doesn't take a great deal of time to change a habit (3) You don't have to work on yourself and your relationships to become happy (Happiness is a journey, not a destination) (4) Answers to your problems are not located in your past (5) External factors didn't make you what you are today.

Some of Dyer's findings seem to be controversial at first, but he does have some valid ideas to refute rumors about happiness that many people have believed for years. His main thought is to be you. Don't be what others want you to be; be yourself and act the way you would like to behave. Be outgoing, break out of any shell that you might have fallen into. When you are unhappy, remember that you are responsible for your own unhappiness, not others. You are the quarterback in the Super Bowl of Happiness.

Dyer also believes you should be "assertive". You can do the things you want to do without receiving written consent from others. Also, remember to take time out every once in a while to relax and give your mind a rest. Enjoy some of the beautiful things in this world

that you might not normally notice had your mind been "in gear". For example, you might take a different look at the sunset, the moon, the stars, a flower, a color, a face, or an animal.

Remember that you are not liable for making others feel happy. You should expect to be happy with life and if others feel likewise-fine. But don't sacrifice your own happiness to make someone else feel happy.

On the other hand, there are people who go through life unhappy because they enjoy a sudden surprise of happiness every now and then. Russell Baker, writer of the New York Times Magazine article, "The Pursuit of Unhappiness", claims most people don't feel "good" normally. He feels that the "feelgoodists" are big fakes and no one could be truly happy "all the time".

An article in The Saturday Evening Post contained many celebrities' views on happiness. Dr. Joyce Brothers feels that "foggy weather makes her most happy" and Valerie Harper gets "great joy" from dance.

There are no real conclusions. Someday when you realize that you are especially happy, immediately write down why you felt that way. Do the same thing when you know you are depressed. In other words, if you're ever drinking that glass of water and it suddenly strikes you what it really tastes like, write it down or tell someone before it goes away. For some people, the taste of happiness, like the taste of water, goes away much too quickly. The only difference with water is you know where to go for more.

If someone approaches you and asks, "Do you know what happiness is?", don't try to tell him how limitless the range of answers are. Just reply, "No, but if you'll hum a few bars.."

Dreams Luck New York Yankee Fan Pseudoscience

"Providing the necessary connection between the endless boundaries of science... And the limited range of the mind...."

"And You" Associates - Spring Lake, NJ
World Series' Trophies Made To Order

Home Movies Tipping Travel Laughter

UNUSUAL HAPPENINGS

OSBALDESTON RODE 200 MILES ON HORSEBACK IN EIGHT HOURS AND 42 MINUTES

George Osbaldeston was a daring man who owned a market. His favorite hobby was riding horses. He loved them so much that one day, during 1831, he made a challenge to the town.

He would ride on horseback for 200 miles in less than ten hours. Osbaldeston had his own set of rules. He could use as many horses as he wanted to, he would change them every four miles, the mounting and dismounting would be included in the ten hours, and the race would be held at Newmarket's round course. This jockey, nicknamed "Squire", even bet 1,000 guineas in cash to anyone who was daring enough. It is known that many people accepted.

The day of the race arrived and it wasn't pleasant, for it was to rain the rest of the day. The "Squire" took this as no disadvantage and started at roughly 7:00 a.m. The first horse of the 50 he was to use rounded the track in nine minutes flat.

He didn't have any trouble until the tenth horse. It started to give in but Osbaldeston nursed it to the finish line. His 23rd horse also gave him trouble. It tried to throw him off its back but it didn't work. The "Squire" held onto the reins until he covered the four miles with that horse.

The rest of the horses gave him no trouble whatsoever. Osbaldeston's horses were turning in many eight minute times. After seven hours of riding on horses and one hour of mounting and dismounting, Osbaldeston finally crossed the finish line with his last horse.

The "Squire" still wanted more sport so he offered to bet anyone that he would make the same trip in under eight hours. No one accepted.

HUANG ERH NAN WAS ABLE TO PAINT WITH HIS TONGUE

Huang Erh-nan, a well known Chinese artist, had an unusual technique of painting. Since he loved art so much and he was uncoordinated with his hands, he decided to paint with his tongue.

He would use his lips and mouth to hold the paint and he would brush on a silk canvas with the tip of his tongue.

Surprisingly enough, his paintings were beautiful. By the time he died, he had sold hundreds of his famous paintings.

COUNTESS ROSA BRANICKA OPERATED ON HERSELF

Countess Rosa Branicka was probably the wealthiest person in all of Poland during the 19th century. She owned assets of 20 million dollars.

At the age of 63, she felt near to death, so she traveled to Germany for a diagnosis of her ailment. It was then that she learned of the cancer she carried in her breast. The doctor suggested that she should be operated on right away.

The Countess didn't like this idea so she traveled to many countries and gathered many medical tools. She secluded herself in a Paris hotel and was able to remove the cancer. When she felt revived, she moved back home where she lived until the age of 82.

PRINCE RANDION WAS AN UNUSUAL SIGHT

Prince Randion was born in British Guiana in 1871. The unusual part of it was he had no arms or legs. At the age of 18, P.T. Barnum brought him to America. Randion developed the nickname "Caterpillar Man."

For the rest of his life, he was an attraction that made Barnum a very rich man.

Scott Hoyt

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McFarland, Kevin, *Incredible But True*, Bell Publishing Company, New York, 1976;
McWhirter, Norris and Ross, *Guinness Book of World Records*, Bantam Publishing Co., New York, 1978

INTERVIEW OF THE WEEK: Patent Attorney

Recently I spoke with some of the people from the Patent Law Division at Fort Monmouth, Eatontown, New Jersey. I obtained some interesting and accurate information about the process one must go through in order to get a patent. Much of my information was obtained through research.

Question: What is a patent?

Answer: A patent is a grant issued by the United States Government giving an inventor the right to exclude all other people from using, selling or making his invention within the United States.

Question: On what subject may a patent be granted?

Answer: A patent may be given to the inventor or discoverer of any new and useful process, machine, manufacture or composition of matter or any new and useful improvement thereof. Also, on any new, original and ornamental design for an article of manufacture.

Question: Is there anything that may not be patented?

Answer: A useless device, a printed matter, method of doing business and machines which allege to have perpetual motion all may not be patented.

Question: How long is a patent granted for?

Answer: Seventeen years from the date it was issued, except on ornamental designs, which are granted for terms of 3, 7, or 14 years.

Question: Can the term of a patent be extended?

Answer: The term of a patent can be extended only by a special act of Congress, and this occurs very rarely and only in exceptional circumstances.

Question: After the term expires, does the patentee still have control over the use of his invention?

Answer: No, anyone has the right to use an expired invention freely. As long as he does not use parts of other unexpired patents.

Question: What does the term "Patent Pending"

mean?

Answer: This term is used by the manufacturer or seller of an article to inform the buyer that someone has filed an application on that article. There is a law which fines anyone who uses this term incorrectly to fool the public.

Question: If someone has already filed an application and then wants to amend their invention, can they change their application?

Answer: No, there is a law which specifically states that once an application for a patent has been filed it can absolutely not be altered.

Question: How does one apply for a patent?

Answer: You can apply for a patent by making the proper application to the Commissioner of Patents, Washington, D.C., 20231.

Question: What is involved in filling out an application?

Answer: An application fee, a petition, a specification and claims describing and defining the invention, an oath of declaration, and a drawing, if the invention can be illustrated.

Question: How much does it cost to file an application?

Answer: The filing fee is \$65. If the patent is granted, an additional \$100 is required for printing and other services.

Question: What happens if two different parties apply for the same patent on the same invention?

Answer: An "interference" is declared and both people must appear before the Patent Office and try to prove that they are entitled to the patent.

Question: Is there ever a time when it is too late to file an application for a patent?

Answer: If you have been using your invention

CONTINUED

sound vs. volume

Ideally every musician would like to have a Marshall, Fender or Ampeg amplifier. However, many don't because of cost, scarcity and dealers who push lesser products on budgeted musicians. When one or more of these occur, what may one do to correct the situation?

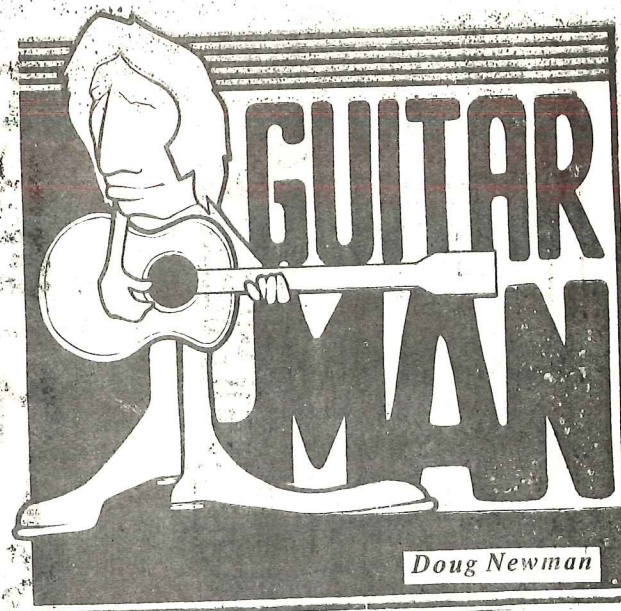
First, all or some of the equipment can be sold but there will always be a price reduction as soon as the item is paid for and leaves the store. Another problem with selling is finding a buyer and if one does sell his equipment, he will probably need more money to complete a deal on more quality products. Usually a musician financial fundings will not allow much or any extra money to spend on a truly finer buy.

Another solution would be to trade one's equipment with a dealer in exchange for better products. Of course, the dealer will come out on top; but the price for ignorance is great.

A sensible idea would be to modify one's amplifier by re-tubing it (solid state amps not included, of course). Cleaning would also help a bit.

There are a few products out on the market that get a more acceptable sound like the MXR six or ten band graphic equalizers; they go for \$50 and \$97, respectively. These mechanisms may attain full tonal ranges. They can be a major sound aspect to any guitarist.

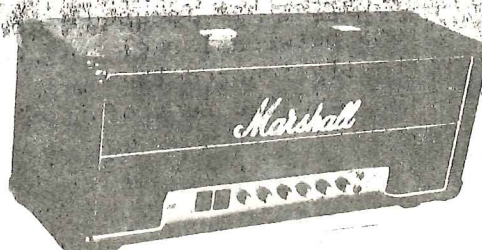
A couple of words to the wise, try to stay away from solid state amps; vacuum tube amplifiers get much better sound, and the majority of professionals use tubers (bass players not included because it doesn't really make a difference in sound if the amp is a tuber or solid state).



Many beginners think that the bigger the better, but small Fenders get super sound. Remember, it's sound not volume. People don't want to hear noise; they like to listen to music.

Many songs call for a distorted sound. The problem is it's hard to get distortion at low volume levels. A few decent devices on the market would be the MXR Distortion Plus which sells for \$41. Another one is the Big Muff at \$35. Jimi Hendrix used this fuzz box. The LPB I is a good choice for the budgeted guitarist. Kiss member Ace Fehrely uses this model. Master volume controls aid the problem too. There shouldn't be an amp made without one (master volumes may be installed if they're not presently on one's amp).

Finally, the best idea for the performing artist is to buy a quality amp from the start. Prices are high but it's worth it. An Ampeg is a good buy - they start at about \$400, for something nice. Fenders are a fine amp too; they start at \$300 and go on up. But my personal favorite is a Marshall. Unfortunately their lower line amps start out at a mere \$600!



Rockers like Cream, Hendrix, and Kansas use (or used) the Marshall 50 watt head.

Phil,

We were sitting around doing an unusual thing, thinking. We're out to get you and your little friends. They had better get new IDs because we're raising the age for drinking to 19.

New Jersey State Senate
Trenton, New Jersey

Phil,

I am tired of just being one of the boys.

Renee Richards
Neuterville, California

Phil,

The "Ordeal of Patty Hearst" got great reviews. Daddy is giving me my own variety show. During each show we will rob a different bank, but remember that I was locked in a closet.

Patty Hearst
On the Outside TV Star

Conservatively speaking,

This is to let you know that I'm running for the Presidency in 1980 even though I will be seventy. I think you all know the old adage, "There's no fool like an old fool."

Ronald Reagan
Putting Bonzo to Bed

Liberal speaking,

I'd like to announce that I have no announcement to make about the 1980's election. However, it is hoped that you will remember my name if I do run.

Ted Kennedy
State of Mass.

Hardly speaking,

I'd love to be your president if it wasn't for this one handicap; I'm dead, still.

Francisco Franco
Same Place as Before.

Phil,

You people think that all we do is have three martinis for lunch, a few more at our coffee break. I also think that you picture us in big limos driving from party to party

Philosophy



Philosopher



while we get bribes from oil companies and Korea, don't you?

A. Senator
Washington, D.C.

Senator,

No, I have to disagree with you. You forgot to mention fooling around with your secretaries.

Phil O.

Yea, Yea, Yea,

Woke up, got out of bed dragging a comb across my head. I went downstairs and had a cup. Someone spoke up and I went into a dream. See, nothing ever happens to us that's exciting. We haven't anything to write about.

John and Paul
Beatletown, U.K.

Phil,

Like, I'm a Yes fan and I've read an article that Wakeman is doing disco. Like, that's like finding out your father is the milkman. I just can't take it anymore.

Joe
About to Jump

Hey Joe,

Listen, if he is going disco, it's only for the money. Could you picture Steve Howe playing the same chord over and over? How about Jon Anderson singing about the cosmic boogie--oogie coming to Be hop with you at Studio 54.

Phil

Phil,

The real reason I went to the mid-east wasn't to get a peace accord. I love the way Begin hugs.

Jimmy Carter
Still Smiling

IT'S THE LAW

In my column this week I will be discussing the Point System for the state of New Jersey. Also explained will be the minimum wage laws.

THE POINT SYSTEM: The Point System is probably the most misunderstood traffic safety program in New Jersey. When the law first came up it was designed to identify drivers who may need assistance. As it turned out it simply removed drivers with bad driving records. The new law will work in much the same way - with the exception that when the bad driver is identified, he will be given ways of changing his driving habits.

Points are assessed on the basis of reports of traffic violations from local courts. Every conviction is reported and filed with the Division of Systems and Communications. They keep a file on every individual driver. An accumulation of 12 points may cause a driver to be subject to a hearing with the Dept. of Motor Vehicles to show cause as to why his/her license should not be suspended. This is not automatic revocation, if the driver can show cause why he shouldn't lose his license. The Director may permit the driver to attend a driver improvement program in lieu of all or part of a period of suspension.

Here is a list showing the new point system:

Description	Points
Passing a school bus	5
Racing on highway	5
Improper turn	3
Leaving the scene of an accident	
Personal injury	8
Property damage	2
Failure to yield right of way	3
Failure to pass when proceeding to opposite direction	4
Improper passing	4
Failure to give way to an overtaking vehicle	3
Following too closely	5
Reckless driving	5
Speeding 15-29 mph over limit	4
Speeding 30-more mph over limit	5
Out of state moving violation	2
All other violations	2

If you have any questions or want more information, write to:

POINTS

Division of Motor Vehicles

25 S. Montgomery Street

Trenton, New Jersey 08666

WAGE LAWS: Most, although not all, jobs are covered by federal wage laws. These laws set the lowest hourly wage you can be paid. Currently the federal minimum wage is \$2.90 per hour. It was raised from \$2.65 per hour in January. These laws also provide that if you work 40 hours in a week you must be paid one and a half times your normal hourly wage for the extra time. The Wage and Hour Division of the U.S. Department of Labor enforces these laws, so if you have a complaint, you can contact their nearest local office, listed in the Yellow Pages.

Although federal minimum wage laws apply throughout the country, some states permit employers to establish wage scales slightly lower than the minimum rate for minors, students, trainees, or apprentices. However, some states have minimum wages higher than the federal requirement. The employment office of N.J. would be more than willing to answer any questions on wage controls for minors.

Federal laws also require that men and women receive equal pay and benefits in the same establishment for equal effort, skill and responsibility and are performed under similar conditions. Other laws prohibit employment discrimination based on race, color, sex, religion or national origin. These laws cover all aspects of employment. If you have a discrimination problem contact the Monmouth County Equal Employment Opportunity Commission listed in the Yellow Pages under "U.S. Government".

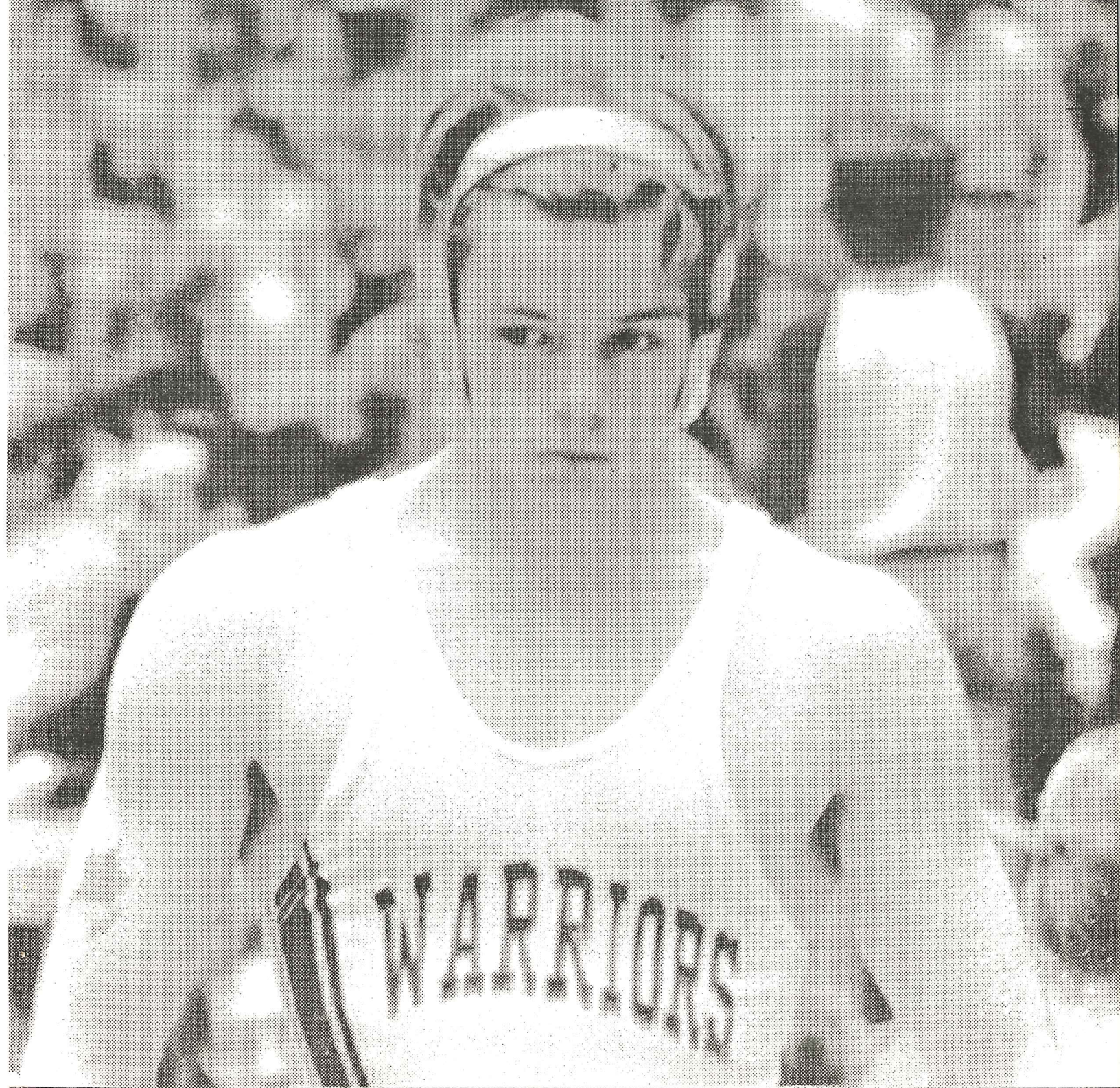
NEXT WEEK: DRINKING AND DRIVING.

The advice in this column is not to be used in place of the expert advice of an attorney, but rather to provide helpful hints and a working knowledge of the law.

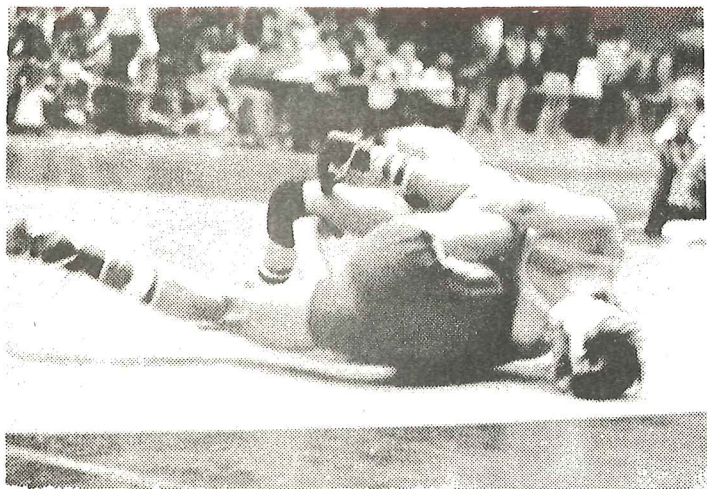
Christina Tedesco

JOE HOPP

1st '79 SQUAN TOURNEY	2nd '79 DISTRICT 23
2nd '79 WALL TOURNEY	2nd '79 REGION 6
2nd '78 DISTRICT 23	2nd '79 STATE
4th '78 WALL TOURNEY	52-18-2 CAREER



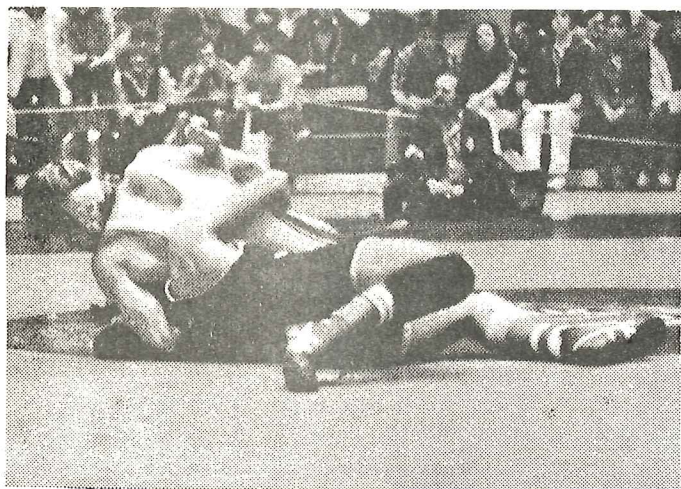
"Hoppin" Through the States



Joe puts Bob Yingling on his back during quarter final action. Joe won, 10-6.



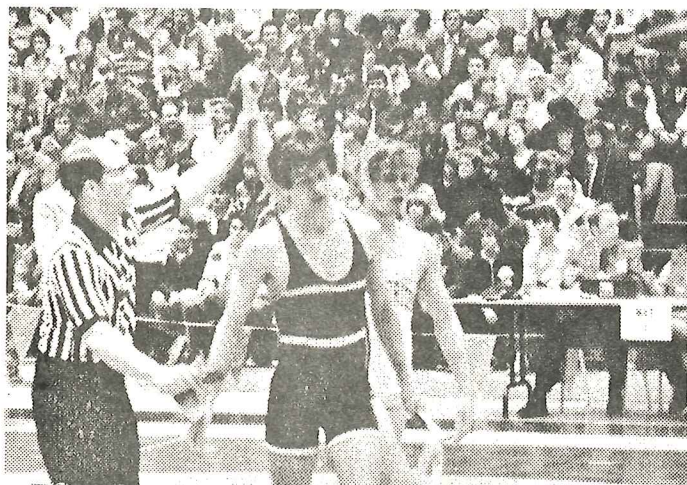
Hopp chases Skove in the finals.



Deehan was little competition as he was on his back most of the match.



Mike Deehan, of Seton Hall, struggles against Hopp in the semi-finals. Deehan lost, 12-6.



The thrill of victoryand the agony of defeat.

BARTHOLOMEW 1978 I.P.S. Champion

It was a long, frustrating year for competitors on the professional surfing circuit; however, it did pay to those who showed their devotion by hard work and careful planning. Wayne "Rabbit Bugs" Bartholomew illustrated his dedication by surfing in nearly every contest on the tour and repeatedly coming home with top honors.

Bartholomew, whose versatility is remarkable, was recently pronounced the winner of the International Professional Surfers 1978 pro tour. Wayne was second on the tour last year behind Shaun Tomson who finished up '78 with a fourth.

Bartholomew is an Australian-born surfer whose radical but precise surfing has been recorded in numerous surfing movies such as Bill Delaney's hit, "Free Ride."

"Rabbit," as he is commonly called, began the year by winning \$5000 in Australia. After placing second in another Australian contest, he moved on to South Africa where he took second honors also. From there he went to good ole' N.J. where he fought a close battle with Florida rookie Pat Mulhern but used his characteristic calmness to win it. With a fifth in the Florida Pro and a sixth in Hawaii, his number one berth was secured.

"Rabbit's" circuit earnings amount to \$12600. This combined with promotions and off-circuit contests proves to add up to a sum that illustrates the fact that the money in surfing is growing and someday...who knows?

It's interesting to note, however, that young Australian rookie, Larry Blair, has contest

earnings that total \$13100. What's ironic is that Larry has only entered three IPS contests and "Rabbit" has competed in over three times as many, yet his winnings are \$500 less. Sometimes winning a few high-paying contests can be more rewarding than placing high in a series of events. In Blair's case this is true.

Other successful rookies on the tour include Hans Hedemann of Hawaii and from Australia, Bronzed Aussie surfing team member Jim Banks.

As in 1977, the Australians once again dominated the top twenty spots. Peter Townend, 1976 IPS champion and this year's second place finisher Cheyne Horan are among those hot surfers representing "Down Under."

Another example of the sport's rising popularity is the television coverage it's been getting recently. This past winter the "Duke Classic," the "Pipeline Masters" and the "Hawaiian Tropic Men's World Cup" has been brought to millions of T.V. screens across the country courtesy of A.B.C. and N.B.C. C.B.S. introduced "World Team Surfing" and hosted the "Women's World Cup."

Thus the show was complete. Money was received by the top surfers, products were promoted and endless rolls of film were shot off as the season came to an end. The situation seems to be getting better all the time for those daring, young aqua-acrobats. It's time to direct one's thoughts to the future, however, for there is no off-season for the professional surfer.

Rich Flammer

BASEBALL 1979

PART ONE
AMERICAN LEAGUE

NEW YORK YANKEES - If anyone thinks the Yanks pre-season drought is a "sign of things to come," he must come back to reality and look at who plays for this club. Maybe the recent losing streak was due to the injury of Juan Beniquez and New York is having trouble picking one of its 29 outfielders to replace him. The addition of Charley Lau, a great hitting instructor, will strengthen the Yankees even more. Will there be any dissension this season? Let's hope so. It would be boring if the Yanks did everything nice and quiet. Just keep that guy Guidry out of it all. Their new slogan to sell out the stadium should be "Visit the Bronx Zoo this summer. They put on a show."

MILWAUKEE - Manager George Bamberger is a born winner. He was a winner when he was the pitching coach for Baltimore and he's a winner with Milwaukee. Their only problem is the lack of depth. You can't win a pennant with Lenn Sakata as your back up infielder. The Brewers have acquired Jim Slaton to bolster a weak starting rotation but when the hot summer months come, the tough Brewers may fade. Look for Larry Hise to have his best year ever. He's ready and the money doesn't bother his play.

BOSTON - Boston haters rejoice - the Red Sox dynasty will crumble - for the time being. We will now see what MVP Jim Rice is made of. Can he turn in a repeat performance now with that fat contract? Most players can't handle the pressure. Will Rice? Trading troubled Bill Lee will hurt Boston's pitching badly, especially with him and the heart of the team, Luis Tiant going to the Yankees. When Cincinnati lost Tony Perez, the Reds died. Now Boston lost Luis and they'll die.

DETROIT - Detroit and Baltimore have the good fortune of being in the toughest division in the league, which means they have to fight it or pack up and move to Hawaii. This team will fight for first place until September until the youths fail from inexperience. It will be interesting how the Tigers react to the departure of Ralph Houk and the arrival of Les Moss. This team has future greatness. If some of last year's rookies can elude the sophomore jinx and if Mark Fidrych can finally overcome it, the Tigers may be in a World Series by 1981. Can you imagine if Jason Thompson played for the Yankees? The lefty power hitter would hit 70 homers over the porch. He's the great player for the future.

BALTIMORE - This is the best fifth place team in baseball. Earl Weaver will have his club fighting until September when depth overcomes them. Boston, Detroit, Milwaukee, and the Birds will all battle for second. The balance here is great. When Jim Palmer decides to stop winning 20 games every year, Baltimore will have to start to rebuild. The most needed player for Weaver is a quality catcher. They can't stick with Rick Dempsey if they want a pennant.

CLEVELAND - If the Indians' pitching were as good as its offense, they would be a fairly solid team. Trading Buddy Bell for a defensive Toby Harrah may not work out as good for the Tribe as it will for the Rangers. Cleveland is known to be the spoilers as the Yankees found out in the final game of the season. Jeff Torborg has his work cut out for him again this year.

TORONTO - Acquiring Brookdale's Mark Lemengello was a good move, coming into the Major League wasn't. They do have a pair of 25-year-olds that should be kept in the organization. Roy Howell and Rick Bosetti are all-stars for the future. Bosetti is a bit of a hot dog but he's good. The Blue Jays are young with only two players over 30, but they still have many years to go.

EASTERN DIVISION							WESTERN DIVISION						
	Pitching	Hitting	Depth	Catching	Defense	Total		Pitching	Hitting	Depth	Catching	Defense	Total
NEW YORK YANKEES	5.0	4.5	5.0	4.5	4.5	23.5	KANASAS CITY ROYALS	4.0	4.5	3.5	4.0	4.0	20.0
MILWAUKEE BREWERS	4.0	5.0	3.5	3.0	3.5	19.0	TEXAS RANGERS	4.5	3.5	3.0	4.5	3.0	18.5
BOSTON RED SOX	4.0	4.0	2.5	4.5	3.5	18.5	CALIFORNIA ANGELS	4.0	4.0	3.5	3.0	3.5	18.0
DETROIT TIGERS	3.5	3.5	3.0	3.5	4.0	17.5	MINNESOTA TWINS	2.0	2.5	2.5	4.0	3.0	14.0
BALTIMORE ORIOLES	4.0	3.5	3.0	2.5	4.0	17.0	CHICAGO WHITE SOX	2.0	3.0	2.5	2.0	3.0	12.5
CLEVELAND INDIANS	2.0	3.5	2.5	2.5	3.0	13.5	SEATTLE MARINERS	2.0	3.0	2.0	2.5	2.5	12.0
TORONTO BLUE JAYS	2.0	2.5	2.5	2.0	2.5	11.5	OAKLAND ATHLETICS	2.5	2.5	2.0	2.5	2.0	11.5

CONTINUED

Landfried: "We'll Be Competitive"

"I believe we'll be competitive," stated Varsity Baseball head coach Jake Landfried as he discussed this year's Warrior ball club. Coach Landfried, ably assisted by Rick Trimble and Ernie Leta, will try to rebuild a very young and inexperienced team.

The coaches have their work cut out for them. The Warriors have lost eight out of nine starters from last year's squad. Coach Landfried feels that the success of this year's team depends on "how fast they mature".

The team is headed by fireball hurler Kevin Runyon and outfield power-hitter Michael Brower. These captains are two of only five seniors on the team, which exemplifies Landfried's commitment to a rebuilding program. The other seniors are outfielders Drew Holly and Tom Gunning along with infielder Glenn Van Syckle. These starters will bring both experience and quality to a club comprised mainly of juniors and sophomores.

Juniors John Meehan and Gary Abadraho complete one of the best pitching staffs in the Shore. Kevin Runyon proved he was a top-notch pitcher last season when he almost hurled a no-hitter in a game against Asbury Park. In the ninth inning of the game, with a count of one and two, a single up the middle spoiled his dream.

The strength of this year's club lies in the defense. But on the other side of the inning, the Warriors' need work. Good hitting isn't something that comes quick and easy. The coaches and players must work together to improve the offensive production of the team. Realizes Coach Landfried, "Our hitting must improve."

The Warrior skipper is always thinking 100 percent baseball. He and his assistants are very involved and dedicated to the players and the team. Coach Landfried's philosophy is simple: defense. He comments, "We'll put up the best defense we possibly can. The team that makes the less errors and walks the fewest people has the best chance to win."

But the Warriors won't be the only team filling gaps left by 1978 seniors. Maybe other teams haven't lost quite as many players, but nevertheless other teams will have to adequately fill their open spots. So the Class B South race is, at best, unpredictable. How far will the Warriors get? Coach Landfried concludes, "It's too early to tell."

Even though the Warriors have won two out of the three games in pre-season play, it must be realized that the outcome and scores are not necessarily important. The cliché, "It doesn't matter whether you win or lose, it's how you play the game" is especially true in exhibition games. This is one of the best ways to tell where the team is weak. This is how Coach Landfried knows his players are slow with the timber.

Third-first baseman Glenn Van Syckle had nothing but praise for Coach Landfried's rebuilding program. Glenn knows that even though there are only a handful of seniors on the squad, they are more importantly examples for some of the younger sophomores and junior players. "If I show I'm doing my best out there maybe they'll try to do their best, too."

"Coach Landfried, Mr. Leta, and Mr. Trimble are fine coaches. They are always willing to help us. Whenever we have a problem they'll be glad to help us out," continued the Spring Lake resident.

The Warriors' toughest competition should come from Lakewood, Asbury Park, and Freehold Township. In spite of Manasquan's general lack of experience, Van Syckle, like many other players, is optimistic about the upcoming season.

"I guess we'll be the sleepers out there," added Glenn. "We'll start off slow but then we'll pick up once we get organized. We have two fine captains in Kevin and Michael, and I hope that they can bring the team together."

It would certainly be quite an achievement if the Warriors could equal last year's 16-6-1 record. Is it possible for a rebuilding team to win 16 out of 21 games? You never can tell. As Coach Landfried says, "Boy, that's baseball."

***Triple-play Tidbits... The first regular season game is Tuesday, April 3rd, at Long Branch. The first home and conference game will be played against Lakewood on Thursday, April 5th. Both games are scheduled to start at 3:30.

Dick Rassmann

Lakers Win Tourney

"I really have nothing to say, except we're number one," exclaimed Terence Wheat, point guard for St. Catherine's after his team ripped Brielle Elementary School, 65-48, to capture first place honors in the "Little Warrior" Basketball Tournament.

Richard Barry paced the St. Catherine's Lakers with 24 points while Terence Wheat contributed 15 and Mike Paterno added 13. Mike Piacentini poured in 16 points for Brielle.

The first quarter was quick paced with both teams fast breaking. Brielle jumped out to a 6-2 lead but they soon found themselves behind 21-8 at the end of the period. Barry and Paterno controlled the boards for the Lakers and they picked up easy hoops underneath.

St. Catherine's was a well drilled team and they did not let up in the second period. The Brielle fullcourt was not effective and it was handled calmly by guard Terence Wheat. St. Catherine's opened its margin to 33-20 at intermission.

In the second half the action was much the same as earlier in the game. Brielle battled desperately to get back in the game but St. Catherine's proved to be too tough and coasted on to receive first place.

In the consolation game, H.W.Mountz turned back last year's champions, St.Denis, 46-27. Mountz's attack was led by Kevin Goss with 16 points and Chris Fay with 14.

The contest was even in the first quarter with the teams exchanging baskets and St. Denis held a slim 8-7 lead going into the second quarter.

Mountz broke out in the second period, reeling off ten unanswered points and they held the St.Denis Flyers to a mere four points. Mountz had things under control at halftime, leading 21-12.

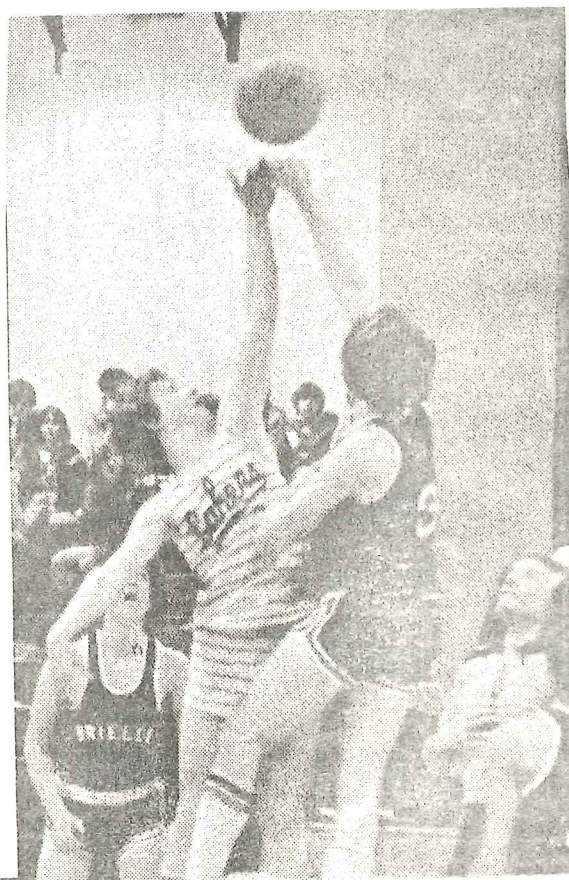
Mountz widened its margin to 34-20 in the third quarter behind Kevin Goss' six points and they remained out in front to overthrow St. Denis for third place.

In the semi-finals St.Catherine's defeated H.W.Mountz, 50-44, despite a 26 point effort by Kevin Goss and Brielle squeezed by St.Denis, 43-38.

The first round action saw St.Catherine's beat Spring Lake Heights. St.Denis upset second seeded Belmar, 28-27, on two foul shots by Chris Housen with five seconds remaining. In the other contest Brielle romped Sea Girt and H.W.Mountz toppled Manasquan.

The Most Valuable Player for the tournament was Richard Barry of St.Catherine's. Barry scored 17 points in the semis and 20 in the finals. He controlled the boards for the Lakers in all three games.

The All-Tourney Team consisted of Rich Barry, Mike Paterno, an aggressive forward from St. Catherine's; Terence Wheat, an impressive point guard for the Lakers. Also on the squad was Kevin Goss of H.W.Mountz, who was a constant offensive threat and Mike Piacentini of Brielle who was a good all-around ballplayer.



Boys' Varsity Trackmen Top Contenders

"I think the team will be in the top of the conference for sure," stated Coach DeVincentis of the track team after waiting patiently for years to become a winning coach. "The reason for this is we have more people in events that we were weak in the past than ever before."

With almost everyone back from last year, no one can say these statements are false. There is at least one stand-out in every event for the Big Blue. The toughest competitor for Squan will be the Blue Bishops of Asbury. Squan will have the advantage as Asbury has lost most of its speed demons, namely Timmy White.

"I think we will break the 440 and mile relay records this year," said "D" with confidence. The standouts for the Warriors will be Lorenzo Morgan - long jump, Olin Hester - high jump, and Tyrone Jordan - sprints according to "D". Others are questionable.

The inspiration of this team is very strong. Everyone has the spirit.

They cheer each other on in practice like it was a meet under the leadership of Lorenzo "Nut" Morgan.

With all the advantages on the Squan side, the standings should look like this at the end of the season:

- 1) MANASQUAN (8-0)
- 2) Asbury Park (7-1)
- 3) Lakewood (7-1)
- 4) Point Pleasant Boro (5-3)
- 5) Ocean Township (4-4)
- 6) Freehold Township (2-6)
- 7) Wall Township (1-7)

Varsity-Track Schedule (dual meets)

vs. Lakewood	April 5	away
vs. St. Joseph	April 9	away
vs. Asbury Park	April 19	away
vs. Wall	April 25	away
vs. Freehold T.	May 2	away
vs. P.P. Boro	May 9	away
vs. Monmouth R.	May 15	away
vs. Ocean T.	May 23	away

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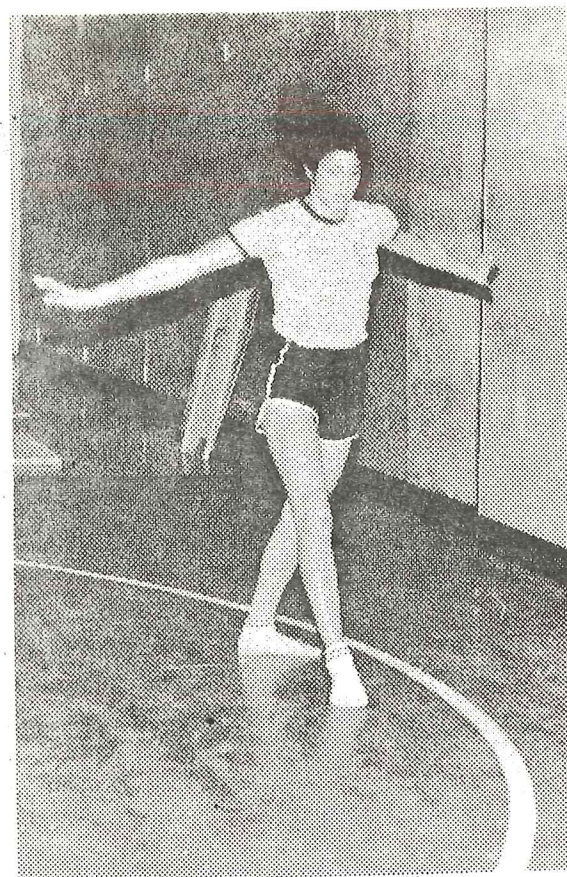
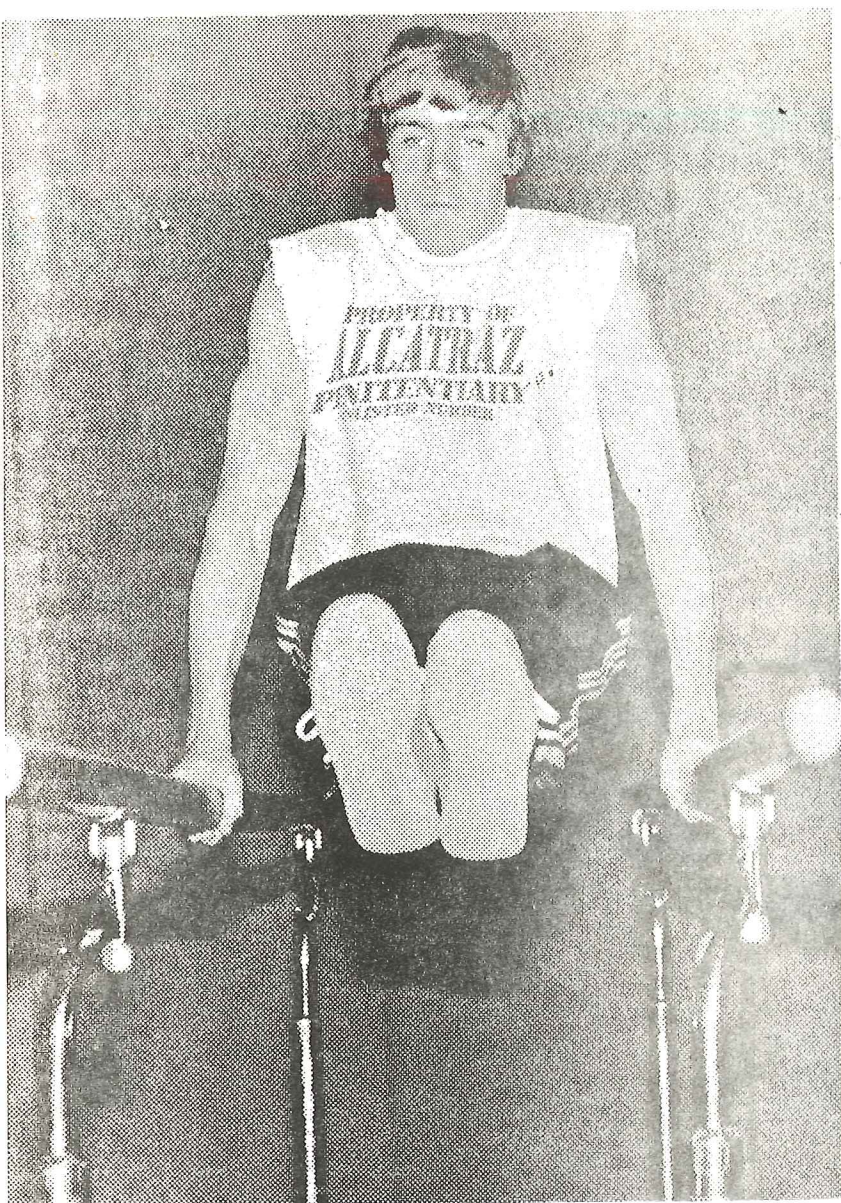
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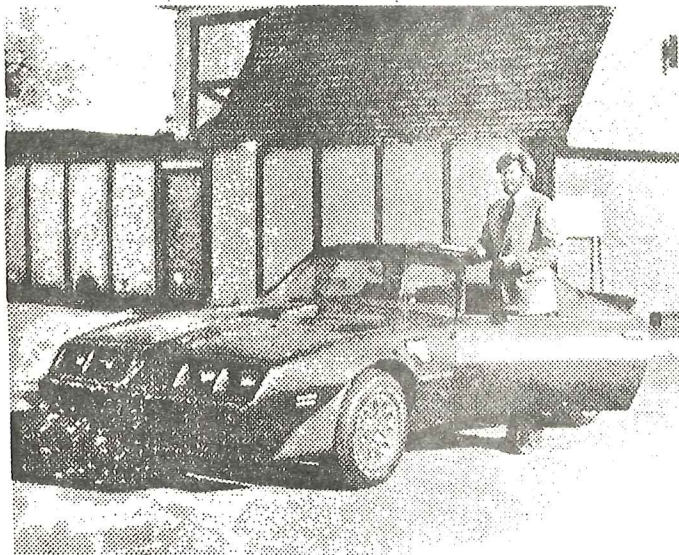
Highlights from Manasquan's First Annual Intramural Gymnastic Championship. Clockwise from above: Niki Stavres, Vicky Wooley, and Hanky Nieberlien.



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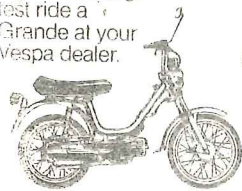
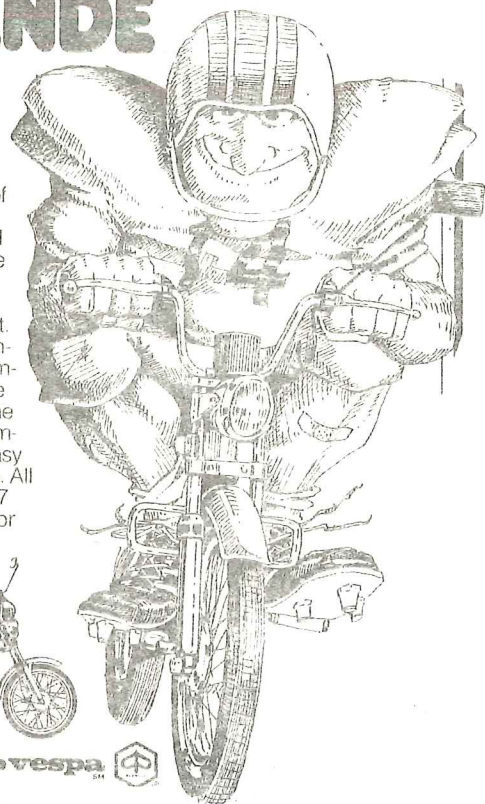
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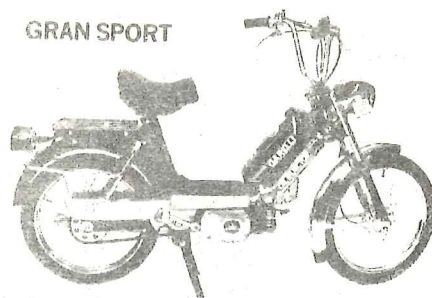
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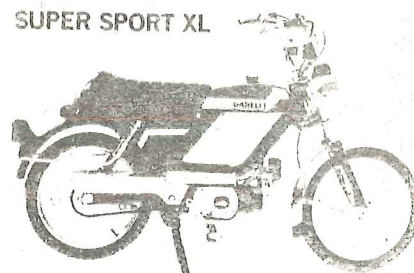
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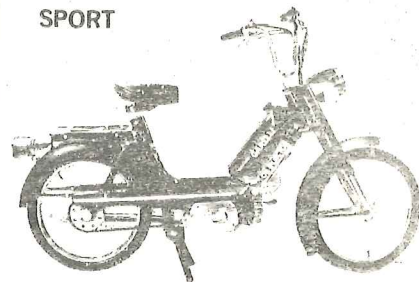
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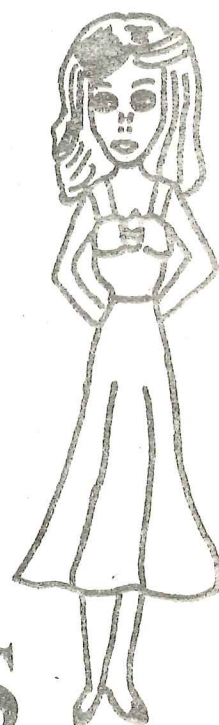
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