

MANASQUAN ELEMENTARY SCHOOL

Gina Melillo RN, School Nurse
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Manasquan, NJ 08736
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To: Parent/Guardian

From: School Nurse

RE: Medications in school

If your child's medical condition requires the administration of medication during school hours or during after school sports, then the information must be provided on the form that appears on the reverse side of this letter. (Please make copies as needed).

The form must be completed **and signed by you and your physician** and returned to the school nurse **with the medication in the pharmacy's labeled container**.

*Students living with **Diabetes** must provide this form for both the Insulin and Glucagon that the student carries.

*Students living with **Asthma** or exercise induced Asthma, must provide this form and have the appropriate area checked off by the Dr. in order to carry their own inhalers.

*Students at risk for **anaphylactic reaction**, due to bee stings or food allergies, must provide this form with Epinephrine injection.

*Students who need to take over the counter medication during school hours must also have their Dr. fill out this form for that medication to be given at school.

Failure to complete this form may delay the sports pre-participation process, especially if a delegate has to be trained and assigned for the administration of the medication for your student.

It is **illegal** for any student to carry medication or to dispense medication without the Health Office's knowledge and the accompanying form fully completed.

If you have any questions, please contact the School Nurse.

MANASQUAN SCHOOL DISTRICT
SCHOOL HEALTH SERVICES PROGRAM

Authorization for Medication

If medication is to be taken during school or school sponsored activities, complete this form.

A. This section to be completed by the parent or guardian

Student's Name: _____ Date of Birth: _____

Home Address: _____ Gender: _____ Grade _____

Physician: _____

Physician's Address: _____ Telephone #: _____

_____ I request that my child be assisted in taking the medicine(s) described below at school, by legally authorized persons.

_____ I request that my child be permitted to self-administer the medicine(s), *for a life threatening illness**, both which are described below.

*Life-threatening illness means an illness or condition that requires an immediate response to specific symptoms or sequelae that if left untreated may lead to potential loss of life such as, but not limited to, the use of an inhaler to treat an asthma attack or the use of an adrenalin injection to treat a potential anaphylactic reaction.

Parent's/Guardian's Name (please print): _____

Home Telephone #: _____ Emergency #: _____

B. This section to be completed by the physician

Name of medicine(s)	
Form (tabs, caps, inj., etc)	
Dose	
If prescribed daily, what time?	
If prescribed "PRN" describe indications.	
How soon can the medication dose be repeated?	
List significant side effects.	
Is this medication for a life threatening illness?	
Is the child authorized to self-administer the medication?	
Has the child been trained by the physician?	
Length of time this treatment is recommended?	
Other information or concerns	

Medical Provider's Signature: _____ Date: _____

Waiver of Liability

The Manasquan Board of Education hereby informs the parents of the above student that the district shall not incur liability as a result of any injury from self-medication. I hereby sign that I have read the above statement and will hold the Manasquan Board of Education harmless against any injury or claims that arise as a result of my child's self administration.

Parent's/Guardian's Signature: _____ Date: _____

School Physician's Signature: _____ Date: _____

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Parent's/Guardian's Signature: _____ Date: _____

School Physician's Signature: _____ Date: _____

**FARE**

Food Allergy Research & Education

FOOD ALLERGY & ANAPHYLAXIS EMERGENCY CARE PLAN

Name: _____ D.O.B.: _____

Allergy to: _____

Weight: _____ lbs.

Asthma: Yes (higher risk for a severe reaction) No**For a suspected or active food allergy reaction:****PLACE
STUDENT'S
PICTURE
HERE**

FOR ANY OF THE FOLLOWING

SEVERE SYMPTOMS If checked, give epinephrine immediately if the allergen was definitely eaten, even if there are no symptoms.**LUNG**

Short of breath, wheezing, repetitive cough

**HEART**

Pale, blue, faint, weak pulse, dizzy

**THROAT**

Tight, hoarse, trouble breathing/ swallowing

**MOUTH**

Significant swelling of the tongue and/or lips

**SKIN**

Many hives over body, widespread redness

**GUT**

Repetitive vomiting or severe diarrhea

**OTHER**

Feeling something bad is about to happen, anxiety, confusion

OR A COMBINATION of mild or severe symptoms from different body areas.**NOTE:** Do not depend on antihistamines or inhalers (bronchodilators) to treat a severe reaction. Use Epinephrine.

- 1. INJECT EPINEPHRINE IMMEDIATELY.**
- 2. Call 911.** Request ambulance with epinephrine.
 - Consider giving additional medications (following or with the epinephrine):
 - » Antihistamine
 - » Inhaler (bronchodilator) if asthma
 - Lay the student flat and raise legs. If breathing is difficult or they are vomiting, let them sit up or lie on their side.
 - If symptoms do not improve, or symptoms return, more doses of epinephrine can be given about 5 minutes or more after the last dose.
 - Alert emergency contacts.
 - Transport student to ER even if symptoms resolve. Student should remain in ER for 4+ hours because symptoms may return.

NOTE: WHEN IN DOUBT, GIVE EPINEPHRINE.**MILD SYMPTOMS** If checked, give epinephrine immediately for ANY symptoms if the allergen was likely eaten.**NOSE**

Itchy/runny nose, sneezing

**MOUTH**

Itchy mouth

**SKIN**

A few hives, mild itch

**GUT**

Mild nausea/discomfort



- 1. GIVE ANTIHISTAMINES, IF ORDERED BY PHYSICIAN**
- Stay with student; alert emergency contacts.
- Watch student closely for changes. If symptoms worsen, **GIVE EPINEPHRINE.**

MEDICATIONS/DOSES

Epinephrine Brand: _____

Epinephrine Dose: 0.15 mg IM 0.3 mg IM

Antihistamine Brand or Generic: _____

Antihistamine Dose: _____

Other (e.g., inhaler-bronchodilator if asthmatic): _____

PARENT/GUARDIAN AUTHORIZATION SIGNATURE _____

DATE _____

PHYSICIAN/HCP AUTHORIZATION SIGNATURE _____

DATE _____



FARE
Food Allergy Research & Education

FOOD ALLERGY & ANAPHYLAXIS EMERGENCY CARE PLAN

Name: _____ D.O.B.: _____

Allergy to: _____

Weight: _____ lbs.

Asthma: Yes (higher risk for a severe reaction) No








For a suspected or active food allergy reaction:

PLACE
STUDENT'S
PICTURE
HERE

FOR ANY OF THE FOLLOWING

SEVERE SYMPTOMS





If checked, give epinephrine immediately if the allergen was definitely eaten, even if there are no symptoms.

 LUNG Short of breath, wheezing, repetitive cough	 HEART Pale, blue, faint, weak pulse, dizzy	 THROAT Tight, hoarse, trouble breathing/ swallowing	 MOUTH Significant swelling of the tongue and/or lips
 SKIN Many hives over body, widespread redness	 GUT Repetitive vomiting or severe diarrhea	 OTHER Feeling something bad is about to happen, anxiety, confusion	OR A COMBINATION of mild or severe symptoms from different body areas.

NOTE: WHEN IN DOUBT, GIVE EPINEPHRINE.

MILD SYMPTOMS

If checked, give epinephrine immediately for ANY symptoms if the allergen was likely eaten.

 NOSE Itchy/runny nose, sneezing	 MOUTH Itchy mouth
 SKIN A few hives, mild itch	 GUT Mild nausea/discomfort

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- GIVE ANTIHISTAMINES, IF ORDERED BY PHYSICIAN**
- Stay with student; alert emergency contacts.
- Watch student closely for changes. If symptoms worsen, **GIVE EPINEPHRINE.**

NOTE: Do not depend on antihistamines or inhalers (bronchodilators) to treat a severe reaction. Use Epinephrine.

- INJECT EPINEPHRINE IMMEDIATELY.**
- Call 911.** Request ambulance with epinephrine.
 - Consider giving additional medications (following or with the epinephrine):
 - » Antihistamine
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 - Alert emergency contacts.
 - Transport student to ER even if symptoms resolve. Student should remain in ER for 4+ hours because symptoms may return.

MEDICATIONS/DOSES

Epinephrine Brand: _____

Epinephrine Dose: 0.15 mg IM 0.3 mg IM

Antihistamine Brand or Generic: _____

Antihistamine Dose: _____

Other (e.g., inhaler-bronchodilator if asthmatic): _____

PARENT/GUARDIAN AUTHORIZATION SIGNATURE _____ DATE _____ PHYSICIAN/HCP AUTHORIZATION SIGNATURE _____ DATE _____

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Health Office
168 Broad Street
Manasquan, NJ 08736
732-528-8810 (Extension 2007)
Fax 732-223-9736

TO: PARENTS/GUARDIANS of ANAPHYLACTIC STUDENTS

FROM: GINA MELILLO RN, SCHOOL NURSE

RE: ANAPHYLACTIC REACTION FORM

TO BE COMPLETED BY PHYSICIAN

STUDENT'S FULL NAME _____

DATE OF BIRTH _____

_____ The above named student **has not** experienced an anaphylactic reaction

_____ The above named student **has** experienced an anaphylactic reaction

Allergen _____

Date of Reaction _____

Symptomatology of Reaction _____

Was an Epi-Pen Used? _____

Does this student need an Epi-Pen kept at school? Yes _____ No _____

For students allergic to tree nuts, peanuts or any other type of nut,

Student needs to sit at nut-free table _____

Student does not need to sit at nut-free table _____

Doctor Name _____

Doctor Signature _____ Date _____

Parent Signature _____ Date _____

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Dear Parent/Guardian:

Per New Jersey Department of Education, N.J.S.A. 18A:40-12.6, any student who has been diagnosed as being an anaphylactic reactor to one or more allergens shall have the right to receive a prescribed dose of epinephrine by a designated adult trained by the school nurse in the event that the school nurse is unavailable at the time of an episode. The school nurse recently trained willing school employees who were found to be competent, to perform the emergency administration of epinephrine to your child. The delegates have been trained in the use and administration of epinephrine in conjunction with your child's individual Allergy Action Plan.

Please sign below indicating that you are aware of your child's assigned delegates and give permission for these faculty members to **administer emergency epinephrine to your child in the event that a nurse is not available.**

*Please note that Manasquan School District shall have no liability as a result of any injury arising from the administration of epinephrine to the pupil and that the parents or guardians indemnify and hold harmless the district and its employees or agents against any claims arising out of the administration of epinephrine to the pupil; and the permission is effective for the school year for which it is granted and is renewed for each subsequent school year. (Per Board of Education Policy #5141.21-R)
It is further understood that delegates from the prior school year will remain in place for those students until such training commences for the new school year.

Student Name _____

All Trained Delegates Are Assigned to All Students with a Potentially Life-Threatening Allergic Reaction – see school nurse for list of trained designees 2015-2016 School Year. This form must be completed every school year.

Parent/Guardian Print Name _____ Date _____

Parent/Guardian Signature _____ Date _____

OR

_____ We **refuse** the assignment of a delegate at this time

Parent/Guardian Signature _____ Date _____

